This spring brings a once-in-a-decade opportunity to participate in the U.S. Census. As Mayor, I am acutely focused right now on making sure our community, every one of us, is counted in the upcoming 2020 Census. This count determines where the more than $675 billion of federal funding will be invested in schools, hospitals, roads and other important programs. An inaccurate or undercount in our community can mean receiving fewer resources. Our City will be working hard to promote participation and you can help by completing your census form early, asking neighbors and friends to participate and help us get the word out on “Count Me In.”

As your Mayor, my door is always open, so please feel free to share your thoughts, goals and concerns with me and our team here at City Hall. Please also stay connected with us through issaquahwa.gov and our social media accounts.

Yours in service,

Victoria Hunt
Council President
victoriah@issaquahwa.gov

Chris Reh
Deputy Council President
chrisr@issaquahwa.gov

Barbara de Michele
Councilmember
barbd@issaquahwa.gov

Lindsey Walsh
Councilmember
lindseyw@issaquahwa.gov

Stacy Goodman
Councilmember
stacyg@issaquahwa.gov

Tola Marts
Councilmember
tolam@issaquahwa.gov

Zach Hall
Councilmember
zachh@issaquahwa.gov

Contact the entire City Council at citycouncil@issaquahwa.gov
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<tr>
<th>Section</th>
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<td>Drop-In Schedule</td>
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</tbody>
</table>
Shape Your Future: 2020 Census

The 2020 Census is more than a population count. It’s an opportunity to shape the future of your community!

Invitations to respond to the 2020 Census will be delivered between March 12-20. Once you receive that invitation, you can respond online, by phone or by mail.

The census count provides critical data that lawmakers, business owners, teachers and many others use to provide daily services, products and support for you and our community.

In addition to local and state funding support, the results of the census also determine the number of seats each state will have in the U.S. House of Representatives, which are also used to draw congressional and state legislative districts.

However you choose to respond, it’s safe, confidential and protected by law.

It’s important to note that the Census Bureau will never ask for your immigration status, Social Security number, bank or credit card account numbers, money, for donations or anything on behalf of a political party.

Help your neighbors and your community by ensuring they participate in the Census and know how to fill it out!

Learn more at issaquahwa.gov/census.

Issaquah Farmer’s Market

Visit the market for a fresh experience. Our market hosts 4,500 shoppers on a busy summer Saturday. Join us for:

- Activities for children and families
- Cooking demonstrations
- Farm-fresh seasonal fruits and vegetables
- Food vendors
- Fresh-cut flowers
- Freshly-baked goods
- Handmade arts and crafts
- Informational, nonprofit and hobby booths
- Live music and entertainment
- Local organic produce
- On-site Master Gardener educators and experts
- Spices and specialty cooking mixes

Saturday’s from 9 am-2 pm, June-September! (No market on Saturday, July 4th. Learn more at issaquahwa.gov/market.)
Issaquah Community Center
301 Rainier Blvd. S
Issaquah, WA 98027

Spring Center Hours
MONDAY – FRIDAY • 5 AM – 9 PM
SATURDAY • 8 AM – 4 PM
SUNDAY • 11 AM – 5 PM

Summer Center Hours, beginning Monday, June 22
MONDAY – FRIDAY • 5 AM – 9 PM
SATURDAY • 8 AM – 1 PM
SUNDAY • 11 AM – 3 PM

Issaquah Senior Center
75 N.E. Creek Way
Issaquah, WA 98027

Center Hours
MONDAY – FRIDAY • 8:30 AM – 4 PM
WEDNESDAY • 5:30 PM – 9 PM

Julius Boehm Pool
50 S.E. Clark Street
Issaquah, WA 98027

Pool Hours
MONDAY – FRIDAY • 6:30 AM – 9:30 PM
SATURDAY • 12:30 PM – 6 PM
SUNDAY • 11 AM – 4 PM

CLOSURES
All Locations
MONDAY, MAY 25 - MEMORIAL DAY
FRIDAY, JULY 3 - INDEPENDENCE DAY OBSERVATION
Registration & Fee Information

Easy Registration
issaquahwa.gov/register or 425-837-3300

Fees
Participants who live outside of Issaquah’s city limits can expect to pay about 20% more than residents for certain parks and recreation programs. The general rate ensures that families living outside of Issaquah contribute to services on an equal basis with residents who pay City taxes.

Fair Play in Community Sports
The City of Issaquah complies with the State of Washington’s Fair Play in Community Sports Act (Chapter 467, 2009 Laws, effective date July 26, 2009) that prohibits discrimination against any person in a community athletics program on the basis of sex.

Scholarships
The Parks & Recreation Department scholarships are generously funded by individual, corporate and community group donations. To receive a scholarship or discount, applicants must:

- Meet the City’s income eligibility requirements
- Live in Issaquah (adults) or live within the Issaquah School District boundary (18 and under)

Each calendar year, the maximum scholarship awards are $350 per participant and $600 per family. Scholarships are available at 100%, 75% and 50% of program fees. Applicants must provide proof of income eligibility with the following:

- DSHS services approval letter
- Documentation that preschool-aged child is participating in Head Start
- Most recent tax return and W-2 income information

To learn more and apply, go to issaquahwa.gov/scholarships.

General Refund Policy

<table>
<thead>
<tr>
<th>4 Days or More Prior to Start Date</th>
<th>3 Days Prior to Start Date and Beyond</th>
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</thead>
<tbody>
<tr>
<td><strong>5% Fee</strong></td>
<td><strong>No Refund</strong></td>
</tr>
</tbody>
</table>

- Transfers and withdrawals requested 4 days or more in advance of the start date will be subject to a 5% fee
- No refunds or credits will be processed 3 days before the start date and beyond

Other Important Information
- Programs are subject to minimum enrollment. If a program is canceled due to low enrollment, a full refund will be processed
- Passes and Punch Cards are non-refundable and non-transferable
- This is not a universal policy; it does not apply to Rentals, Day Camps and Preschool which are subject to independent policies

Effective January 1, 2020

|                               | 30 Day                      | Annual                      |
|                               | Daily | Resident | General | Resident | General |
| Youth & Military*             | $5    | $24      | $28.80  | $210     | $252    |
| Adult (18–61)                 | $6    | $36      | $43.20  | $360     | $432    |
| Family                       | $15   | $72      | $86.40  | $600     | $720    |
| Seniors/Gold Pass (62+)       | $4    | $5       | $6      | $60      | $72     |

*Military must show valid ID
Rentals

Parks, Fields & Picnic Shelters
Considering a family picnic or child’s birthday party in the park? Picnic shelters at these parks are available for reservation:
• Central Park
• Confluence Park
• Tibbetts Valley Park
• Tradition Plateau
• Gibson Park

Have a team or group activity that requires the use of open space? Ballfields at these parks are available for reservation:
• Central Park
• Squak Valley Park
• Tibbetts Valley Park
• Veterans’ Memorial Field

For more information, go to issaquahwa.gov/rent, or call 455-837-3300.

Community Center
Reservations of the gym courts and multi-use rooms at the Community Center are available on a first-come, first-served basis.

Gym and Room Rates
General ................................................................. $36/hour
Resident ............................................................... $30/hour

Gym Equipment Fees
Toddler Time Toys ................................................. $15/rental
Volleyball or Pickleball Nets ............................... Included in rental fee
Basketballs .......................................................... Included in rental fee
Floor Hockey Equipment ................................. Included in rental fee
Birthday Parties ................................................... Above fees apply

For more information, go to issaquahwa.gov/rent, or call 425-837-3300.

Senior Center
For more information about room rates or full facility rentals at the Senior Center, please call 425-392-2381.

Julius Boehm Pool
Reservations of the pool and multi-use room at the Julius Boehm Pool are available for private parties on Saturday after 6 PM and Sunday after 4 PM.

Private Facility Rental
50 participants ..................................................... $300/hour

Pickering Barn
Pickering Barn is a premiere site for wedding ceremonies, receptions or your event.

Conveniently located in downtown Issaquah, the 12,000-square-foot Pickering Barn’s spacious banquet rooms can accommodate up to 350 guests. Our courtyard provides a great outdoor space for wedding ceremonies and social gatherings.

For more information, go to issaquahwa.gov/pickeringbarn, call 425-837-3320 or email pickeringbarn@issaquahwa.gov.

Leave your mark in an Issaquah park!
The City of Issaquah’s Bench Donation Program is a wonderful way to give. Your gift will be enjoyed by many in our community and your contribution is a way to enhance the City’s park system.

• Bench Cost
$3,000 includes: bench, plaque, concrete pad, installation and maintenance.

• Bench Location
View the City’s pre-approved donation bench locations on the City Website.

• Bench Styles
Bench styles are predetermined and specific to each park according to the park’s master plan and/or City standard.

• Plaque
Your donation will be recognized by the placement of a plaque that will be mounted on the backrest of the bench.

• Process
Upon submittal of your inquiry form, City Park Planning staff will contact you for further coordination prior to payment. Upon approval and payment, your donation bench will be installed in the next available installation window. Installation windows are determined by seasonal variations in workload and weather impacts. The bench donor will be contacted a minimum of 3 days prior to installation. Upon installation, the bench shall vest with the City.

For more information, contact Chante Floreani 425-837-3346 or Jennifer Fink 425-837-3322.
Events

Celebrate the 50th Anniversary of Earth Day!
Earth Day is about environmental appreciation and protection. Rather than celebrating at a large gathering or event, the City suggests finding ways families and individuals can celebrate on their own. Try taking a family hike or going for a walk through your neighborhood and picking up any trash you see. Spring is a great time to start a garden or build a birdhouse. You could also consider donating to your favorite environmental organization. See issaquahwa.gov/EarthMonth for more ideas on ways to celebrate on April 22nd or the whole month long.

Concerts on the Green All Ages
All concerts are free to the community. So, grab your blankets and picnic baskets and enjoy amazing summer nights with great live music. For the 2020 Concerts on the Green line up, visit issaquahwa.gov/concerts or refer to back cover.

Issaquah Community Center Lawn
TUESDAYS, JUL. 7 – AUG. 25 • 7 PM – 8:30 PM
Fee ................................................................. FREE!

Chalk Art Fest All Ages
Artists of all ages are invited to create chalk artwork on the sidewalks around the Issaquah Community Center. Chalk and water are provided at this free event. Arrive early to choose a shady sidewalk spot! This event is sponsored by the Issaquah Arts Commission.

Issaquah Community Center
TUESDAY, JUL. 21 • 12 PM – 4 PM
Fee ................................................................. FREE!

Beat the Heat Splash Day Ages 12 & Under
Plan on getting WET! Prepare to run through sprinklers, blow bubbles, and more! The water carnival starts at 1 PM. The fire truck arrives at 2:30 PM for the anxiously awaited highlight!

Issaquah Community Center Lawn
WEDNESDAY, AUG. 5 • 1 PM – 3 PM
Fee ................................................................. $2 Donation is much appreciated
Issaquah Parks & Recreation Preschool  Ages 3 – 5

We are excited to start our 22nd school year in September! Registration is now open! With the ultimate objective of kindergarten readiness, our staff works with families to:

- Foster and encourage socialization
- Teach and increase cooperation
- Enhance listening skills

Classes are offered at the Issaquah Community Center and Memorial Park Center, both in downtown Issaquah. The preschool follows the Issaquah School District calendar of holidays and breaks. More information can be found at issaquahwa.gov/preschool. Call 425-837-3300 to inquire about current openings and waitlists.

The 2020 – 2021 School Year

At Memorial Park Center

Age 3

**TUESDAYS & THURSDAYS • 9:30 AM – 12 PM**

<table>
<thead>
<tr>
<th></th>
<th>General Fee</th>
<th>Resident Fee</th>
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<tbody>
<tr>
<td></td>
<td>$226/month</td>
<td>$188/month</td>
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</tbody>
</table>

Age 4

**MONDAYS, WEDNESDAYS & FRIDAYS • 9:30 AM – 12 PM**

<table>
<thead>
<tr>
<th></th>
<th>General Fee</th>
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<tbody>
<tr>
<td></td>
<td>$292/month</td>
<td>$243/month</td>
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</table>

At Issaquah Community Center

Age 3

**WEDNESDAYS & FRIDAYS • 9:30 AM – 12 PM**

<table>
<thead>
<tr>
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<th>General Fee</th>
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<tr>
<td></td>
<td>$226/month</td>
<td>$188/month</td>
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</table>

Ages 4 – 5 / Pre – K

**MONDAYS, TUESDAYS & THURSDAYS • 9:30 AM – 2 PM**

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<tr>
<th></th>
<th>General Fee</th>
<th>Resident Fee</th>
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<tr>
<td></td>
<td>$522/month</td>
<td>$435/month</td>
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</table>
Toddler Time  Ages 4 & Under

Play with a variety of riding toys, balls, trucks and more. Parent supervision is required. Neither food nor drink is permitted on gym floor.

Issaquah Community Center
MONDAY – FRIDAY • 8 AM – 12 PM
BEGINNING MONDAY, JUN. 22:
MONDAY, WEDNESDAY & FRIDAY • 8 AM – 12 PM
Fee .......................................................... $2/child
Punch cards available for $20. Ten punches earn one free visit.

ZGiRLS

Confidence-Building Workshops  Ages 11 – 14

ZGiRLS Circles equip active girls with the tools and perspective they need to be confident, centered, and courageous. This results-driven ZGiRLS Curriculum™ is designed by sports psychologists, professional athletes and mental health counselors. Each ZGiRLS Circle will be led by a current/former collegiate or professional athlete who has completed the ZGiRLS training program. Every ZGiRL will walk away with a tool-belt of skills, strategies and resources that she can use to build a life she loves.

Introductory ZGiRLS Confidence-Building Workshop  Ages 11 – 14

Issaquah Community Center
SUNDAY, JUN. 14 • 1 PM – 3 PM
General Fee .................................................. $33
Resident Fee ........................................... $27

Introductory ZGiRLS Confidence-Building Workshop  Ages 11 – 14

Issaquah Community Center
THURSDAY, JUN. 18 • 6 PM – 7:30 PM
General Fee .................................................. $24
Resident Fee ........................................... $22

ZGiRLS June Circle  Ages 11 – 14

Issaquah Community Center
WEDNESDAYS, JUN. 3 – JUN. 24 • 6:30 PM – 7:30 PM
General Fee .................................................. $239
Resident Fee ........................................... $199

S.T.E.A.M.  Ages 6 – 10

Join Cascade Enrichment to explore the world of Science, Technology, Engineering, Art and Mathematics. Take part in this educational series that will get your kids thinking, solving and creating.

Play Chess Like a Grandmaster

Learn chess principles and tactics with stories and examples from the games of former world champion, Viswanathan Anand, Mikhail Tal, and Magnus Carlsen. All skill levels welcome. Join for one session or all three.

Issaquah Community Center
SATURDAY, JUN. 27 • 10 AM – 12 PM

General Fee .................................................. $48
Resident Fee ........................................... $40

Learning Songs Through Games

Starting with the pitches that children naturally sing, kids will learn songs through games, dance and percussion. No prerequisites required. Join us for any and all sessions!

Issaquah Community Center
SUNDAY, JUN. 21 • 12 PM – 2 PM

General Fee .................................................. $48
Resident Fee ........................................... $40

S.T.E.M. Workshops

Issaquah Community Center
SATURDAYS • 10 AM – 12 PM

June 20: Science Forensics with Scooby Doo!

A mystery needs to be solved! It’s our special friend, Scooby's, birthday but the cake has been eaten and presents were thrown around the room. Can you help us figure out what happened? Use clues found all over the room, such as handwriting samples, teeth impressions, and more!
Young Rembrandts

Preschool Drawing Class  Ages 3.5 – 5

In this 4-week class, come draw colorful, kid-friendly subjects while having fun with friends! Parents, get a quick workout in while your child(ren) learns to draw and color with our step-by-step method. They will develop hand-eye coordination, fine motor skills, and attention to detail - essential skills for Kindergarten readiness! Our kid-friendly, seasonally-inspired lessons are brand new every week. Please check online for updated information.

Issaquah Community Center
SATURDAYS, JUN. 6 – 27 • 9 AM – 9:45 AM

General Fee ................................................................. $59
Resident Fee ............................................................... $49

Saturday Cartoon & Drawing Class  Ages 6 – 12

In this 4-week class, learn to create exciting cartoon imagery filled with dynamic characters and expressive personalities. You will develop visual story-telling skills by drawing humorous sequential images. Young Rembrandts teaches all-new lessons every week, and all lessons are both educational and FUN. Media includes pencils, sharpies and colored markers. Please check online for updated information.

Issaquah Community Center
SATURDAYS, JUN. 6 – 27 • 10:15 AM – 11:30 AM

General Fee ................................................................. $71
Resident Fee ............................................................... $59
Fitness Center

Treat yourself to a full body workout in the Community Center Fitness Center, which includes Precor machines, stationary bikes, stair climbers, elliptical cross-trainers and treadmills! Our facility features complimentary WiFi and TVs with cable.

Fees

Use your current pass, or pay the following drop-in fee:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Fee</th>
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<tbody>
<tr>
<td>16 – 17 years old</td>
<td>$5</td>
</tr>
<tr>
<td>18 – 61 years old</td>
<td>$6</td>
</tr>
<tr>
<td>62+ years old</td>
<td>$4</td>
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Indoor Track

Looking for a place to continue your daily run or walk—rain or shine? Keep moving indoors on our track accessible on the second floor of the Community Center. Only walkers or joggers are allowed (please no strollers, riding toys or balls on the track). We ask that walkers stay to the inside of the track, and travel with no more than two people across. Shoes are required. In total, 11.3 laps equals a mile!

Age Requirements

Customers can start using the fitness center and track at age 13, when accompanied by an adult. Anyone 16 and over can use the facilities unsupervised.

Drop-in Open Gym Programs

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tr>
<td>16+ Pickleball</td>
<td>40+ Hoops</td>
<td>16+ Basketball</td>
<td>16+ Pickleball</td>
<td>16+ Basketball</td>
</tr>
<tr>
<td>12 PM – 2 PM</td>
<td>12 PM – 2 PM</td>
<td>12 PM – 2 PM</td>
<td>12 PM – 3 PM</td>
<td>12 PM – 2 PM</td>
</tr>
<tr>
<td>16+ Basketball</td>
<td>16+ Pickleball</td>
<td>16+ Basketball</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12 PM – 2 PM</td>
<td>12 PM – 2 PM</td>
<td>12 PM – 2 PM</td>
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<td></td>
</tr>
<tr>
<td>16+ Volleyball</td>
<td>16+ Basketball</td>
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<tr>
<td>6 PM – 9 PM</td>
<td>6 PM – 9 PM</td>
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</table>
**Fitness Classes**

**Every Way Fitness**  *Ages 16 & Up*

**Aerobics & Conditioning**  *EVERY WAY FITNESS*

Come and join our friendly welcoming class! Monday is Low Impact Aerobics, Wednesday is Step Aerobics and Friday is a Circuit class. Work at your own level to build cardiovascular fitness, coordination, strength, tone, stamina and balance. Registration not required. Drop in! First class FREE!

*Issaquah Community Center*

**MONDAYS, WEDNESDAYS & FRIDAYS • 8:15 AM – 9:25 AM**

**Personal Training**  *Ages 16 & Up*

Work one-on-one with Kristina to develop a fitness program designed especially for you!

*Contact Kristina Gravette, ACE certified at ktgravette@msn.com or 425-391-0404 for more information or to register.*

**Joan’s FitZone**  *Ages 16 & Up*

Exit your Comfort Zone and enter the Fit Zone! Push your body to new limits. Exercise in a safe manner, while having FUN and achieving real results. Combine traditional calisthenics with body weight exercises and mix interval training and strength training. First class is free!

*Issaquah Community Center*

**MONDAYS & FRIDAYS (ENDS JUN. 19) • 9:15 AM – 10:15 AM**

**TUESDAYS & THURSDAYS • 6 AM – 7 AM**

**Personal Training & Nutrition Coaching**

Reach your personal goals with Joan! Find the perfect plan just for you!

*Contact Joan at joandandeneau@gmail.com or 904-403-1061 for more information or to register.*

**Mommy’s Fit Zone**

Interval training system combining strength, cardio and abs. We carefully design and develop our classes using proven methods that deliver results! First Class FREE!

**MONDAYS, WEDNESDAYS & FRIDAYS • 9:30 AM – 10:30 AM**

*Contact Thearany at mommysfitzone@gmail.com or 206-351-6394 for more information or to register.*

---

*Seeking Fitness Instructors*

The Issaquah Community Center is seeking enthusiastic group fitness instructors. If you are looking for a place to teach your group fitness class, we would love to discuss the opportunity. We currently have availability in the afternoons and evenings during the week and mornings and afternoons on the weekends. *For more information please reach out to Molly Simpson at mollys@issaquahwa.gov or 425-837-3388.*

---

For the most up to date pricing, please visit [issaquahwa.gov/parks](http://issaquahwa.gov/parks) and navigate to Health & Fitness.
Swim Lessons: Basic Series

Parent & Child Class
A parent is required to be in the water with the child. Children learn how to move the water with their hands and feet. They will gain comfort and confidence in the water while having fun and singing songs. Parents will learn about water safety and how to swim safely with their children.

Preschool 1  Ages 3 – 5
This class is a beginner class that will focus on water comfort, floating, kicking, and water safety.

Preschool 2  Ages 3 – 5
This class will focus on flutter kicking on front and back, independent floating, elementary backstroke, beginning to swim with arms, and water safety.

Preschool 3  Ages 3 – 5
This class will focus on swimming on the front, on the back, beginning side breathing, breaststroke kicking, elementary backstroke, and water safety.

Preschool 4  Ages 3 – 5
This class will focus on swimming with side breathing, backstroke, elementary backstroke, breaststroke, butterfly kicking, dives, and water safety.

Youth 1  Ages 6 – 15
This is a beginner class that will focus on water comfort, floating, kicking, elementary backstroke, and water safety.

Youth 2  Ages 6 – 15
This class will focus on flutter kicking on front and back, breaststroke kicking, front stroke, backstroke, elementary backstroke, beginning side breathing, and water safety.

Youth 3  Ages 6 – 15
This class will focus on swimming with side breathing, backstroke, breaststroke, butterfly kicking, and water safety.

Youth 4  Ages 6 – 15
This class occurs in the lap pool and children will be swimming 25 yard lengths. The class will focus on swimming with side breathing, backstroke, elementary backstroke, breaststroke, butterfly, dives, and competitive turns.

Adult  Ages 16 & Up
This is a beginner class for adults. The class will focus on independent floating, swimming, and water safety.
Swim Lessons: Competitive Series

Competitive 1  All Ages
This is a competitive level class that is designed to prepare children for joining a swim team. This is the introductory class that will cover competitive techniques of freestyle, backstroke, and butterfly. This class will also cover all of the starts and turns needed for competitive swimming.

Competitive 2  All Ages
The second in our competitive series gives a more intensive class on the freestyle and breaststroke techniques. The class will also cover all of the starts and turns associated with each competitive technique.

Competitive 3  All Ages
The second in our competitive series gives a more intensive class on the butterfly and backstroke techniques. The class will also cover all of the starts and turns associated with each competitive technique.

Competitive 4  All Ages
The last class in our competitive series simulates a swim practice. Throughout the class we continue to improve the technique and endurance of the students to prepare them for swim team. This class will be very similar to a 30-minute swim practice.

Private Lessons
Private swim lessons are $35/30 minutes. Semi-private lessons are $25/child/30 minutes. Scheduling depends upon availability of instructors. Sold in packages of four only.

Birthday Parties
For $150, you can rent half of the shallow end and the party room for 90 minutes. For an additional $50, we will have a lifeguard in the water to organize games. Maximum 20 participants, for pricing on additional guests or complete facility rental, please contact the pool.

Aquatic Exercise Classes

8 AM Water Exercise
This class is available Monday – Friday from 8 AM – 8:45 AM and occurs in the deep end of the pool. The goal of this class is to improve strength and fitness.

10 AM Water Exercise
This class is available Monday, Wednesday and Friday from 10 AM – 10:45 AM occurs in the shallow end of the pool. The goal of this class is to improve flexibility, balance, and fitness.

Lifeguarding
We offer classes to become certified as an American Red Cross Lifeguard. This is a critical certification for working at any pool or waterfront location. Please call the pool for availability.
Sports

Basketball

Hoopsters  Ages 4 – 8
Hoopsters will focus on the fundamental skills and concepts of basketball in a fun and safe environment! Our energetic coaching staff will help your child learn basic basketball skills, teamwork and fitness! Parent/Guardian must be present while child(ren) participate in class. Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center
Ages 4 – 5  Ages 6 – 8
4 PM – 4:45 PM  5 PM – 5:50 PM
General Fee ................................................................. TBD
Resident Fee ................................................................. TBD

Triple Impact Basketball  Grades K – 8
Join Coach Arvin Mosley Jr for basketball training designed for players and skill levels. Sessions will be focused on footwork, ball handling, basketball IQ, defensive positioning and scoring moves. Coach Mosley is the founder of Triple Impact Coaching and is a former head college coach. Coach Mosley leads camps and clinics across the country and in the last 5 years, has trained and coached multiple WNBA and NBA players as well as some of the top high school players in the country.

Sunday Skills Clinic
Issaquah Community Center
SUNDAYS, MAY 17 – JUNE 14

Grades K – 4  Grades 5 – 8
1:30 PM – 2:45 PM  3 PM – 4:15 PM
General Fee ................................................................. $72
Resident Fee ................................................................. $60

Basketball Fundamentals
with Coach Marv  Ages 7 – 18
Coach Marv brings with him the knowledge, passion and skills to improve any basketball player at any skill level. Basketball Fundamentals is a step beyond the basics, and will require discipline and focus to improve their basketball skills and build the confidence necessary to be a successful basketball player. Each 75-minute session includes training, conditioning, evaluation and will focus on passing, shooting, dribbling and playing without the ball in your hands. Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center

General Fee ................................................................. TBD
Resident Fee ................................................................. TBD
Sports

Sports Sampler  Ages 3 – 5
Join a great introductory sports class featuring dynamic coaches and tons of fun! Staff will introduce your child to soccer, flag football, T-ball and basketball through fun warm-ups, games, and focused skill and coordination development. Parent/Guardian must be present while child participates in class. Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center
MONDAYS, DATES TBD • 11:15 AM – 11:55 AM
TUESDAYS, DATES TBD • 10:15 AM – 10:55 AM
WEDNESDAYS, DATES TBD • 10:15 AM – 10:55 AM OR 11:15 AM – 11:55 AM

General Fee ................................................................................................... TBD
Resident Fee ..................................................................................................... TBD

Mini Sportsters  Ages 2 – 3
This 35-minute “parent and me” class is designed to introduce your child to sports, through fun games that focus on specific skills and movements while giving your child an opportunity to socialize with others. Active adult participation is required; no siblings please. Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center
MONDAYS, DATES TBD • 10:15 AM – 10:50 AM
TUESDAYS, DATES TBD • 11:15 AM – 11:50 AM

General Fee ................................................................................................... TBD
Resident Fee ..................................................................................................... TBD

Sports & Splash  Ages 3 – 5
Our coaches will introduce your child to the basics of basketball, soccer, T-ball, and flag football through fun games and drills focused on developing coordination. The last two weeks of class are spent in the pool for an introduction to water safety and swimming. Parent/Guardian must be present while child(ren) participate in class. Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center
FRIDAYS, DATES TBD • 10:15 AM – 10:50 AM OR 11:15 AM – 11:50 AM

General Fee ................................................................................................... TBD
Resident Fee ..................................................................................................... TBD

Soccer

Kidz Love Soccer
Kidz Love Soccer is dedicated to teaching the world’s most popular sport within a nurturing, recreational environment. A typical session experience includes age-appropriate skill demonstrations, fun games and instructional scrimmage in a safe, non-competitive way. Dates & Pricing TBD. Please check online for updated information.

LOCATION 1: Veterans’ Memorial Park
SESSION 1: WEDNESDAYS, DATES TBD
SESSION 2: WEDNESDAYS, DATES TBD

Mommy Daddy & Me  Ages 2 – 3.5
6 PM – 6:30 PM

Tot / Pre – Soccer  Ages 3.5 – 4
3:40 PM – 4:15 PM

Techniques & Teamwork  Ages 5 – 6
4:20 PM – 5:05 PM

Skillz & Scrimmages  Ages 7 – 10
5:10 PM – 5:55 PM

LOCATION 2: Central Park
SESSION 1: SATURDAYS, DATES TBD
SESSION 2: SATURDAYS, DATES TBD

Mommy Daddy & Me  Ages 2 – 3.5
9 AM – 9:30 AM

Tot – Soccer  Ages 3.5
9:35 AM – 10:05 AM

Pre – Soccer  Age 4
10:10 AM – 10:45 AM

Techniques & Teamwork  Ages 5 – 6
10:50 AM – 11:35 AM

Skillz & Scrimmages  Ages 7 – 10
11:40 AM – 12:25 PM

General Fee ................................................................................................... TBD
Resident Fee ..................................................................................................... TBD
Martial Arts

Tiger Kids & Family Martial Arts

*Ages 3.5 & Up*

Tiger Kids will practice multiple martial arts forms, developing focus and listening skills with bag kicking, games and padded sword sparring for all ages and levels. Empty hand and weapon forms are taught from Karate-Kobudo, Taekwondo and Chinese Martial Arts, as students’ progress in belts promoting achievement and goal setting. Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center

SESSION 1: MONDAYS, DATES TBD
SESSION 2: MONDAYS, DATES TBD

Tiny Tiger Taekwondo  *Ages 3.5 – 6*

5:30 PM – 6 PM

Tiger Kids Beginning  *Ages 7 & Up*

6 PM – 6:40 PM

Tiger Family Advanced  *Ages 10 & Up*

6:45 PM – 8 PM

General Fee ................................................................. TBD
Resident Fee ............................................................... TBD

Shotokan Karate  *Ages 6 – 11*

This is a great youth beginner’s, intermediate and advanced karate program taught by Washington Shotokan Association. With its non-violent and traditional karate philosophy, Shotokan Karate is an excellent entry level and continuing karate program! Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center

Beginning Karate
DATES & TIMES TBD

Beginning/Intermediate Karate
DATES & TIMES TBD

Continued Karate:
DATES & TIMES TBD

General Fee ................................................................. TBD
Resident Fee ............................................................... TBD

Cheerleading

Dream Team Cheer  *Ages 7 – 18*

Be a part of the Issaquah Parks & Recreation cheerleading squad! You will learn dances, cheers, and beginning tumbling. There will be opportunities to perform, too! Dream Team has performed at halftime for the Seattle Storm and University of Washington basketball games, and numerous community events. Previous experience not required. (Some extra costs may be incurred for this class). Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center

DATES & TIMES TBD

General Fee ..................................................................................................... TBD
Resident Fee .................................................................................................... TBD

Gymnastics

Jet’s Gymnastics Express  *Ages 3 – 12*

Jets Gymnastics has been teaching kids’ gymnastics on the Eastside for over 20 years with a focus on building a fun and playful environment while improving their coordination and athletic ability. We accommodate a variety of skill levels and teach to the level of each boy and girl. Activities include gymnastics instruction in tumbling, bars, beam, and vault, along with games and activities including lots of obstacle courses, fun games, and much more. Dates & Pricing TBD. Please check online for updated information.

Issaquah Community Center

SATURDAYS, DATES TBD

Little Flips  *Ages 3 – 6*

10:30 AM – 11:15 AM

Big Flips  *Ages 6 – 12*

11:30 AM – 12:30 PM

Urban Warriors  *Ages 6 – 12*

12:40 PM – 1:40 PM
Gliders Track and Field

Gliders Track On Trails  *Ages 11 – 14*

In this 4-week program, Gliders staff will find creative ways to introduce your child to track and field elements and modify them for park use! Participants will practice events in throwing, running, and jumping at every practice. This recreational program encourages participants to strive for their personal best in a fun, stress free environment.

*Central Park Field #6*

**MONDAY: JUN. 1 – JUN. 22 • 6 PM – 7 PM**
**TUESDAY: JUN. 2 – JUN. 23 • 6 PM – 7 PM**
**WEDNESDAY: JUN. 3 – JUN. 24 • 6 PM – 7 PM**

**General Fee** .......................................................... $51
**Resident Fee** ........................................................ $42

Summer Season  *Ages 5 – 11*

Gliders Track and Field continues this summer! The program includes one weekday practice plus the Thursday Summer Parks & Recreation Track & Field League Meet Series. The meet locations will be announced the first week of practice. Be prepared to travel to meets with our partner cities for meets. Locations may vary depending on facility availability and track meet start times.

**SUMMER SESSION: EARLY JULY – MID AUGUST**
(Days and times to be determined).

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**Adult Sports**

*Please check online for updated information.*

**Slowpitch Softball Leagues  *Ages 18 & Up***

**Early Season:** LATE MAY – JULY
**Late Season:** AUGUST – SEPTEMBER
**Men’s Leagues:** MONDAYS – THURSDAYS
**Coed Leagues:** FRIDAYS

**Men’s 35+ Basketball League  *Ages 35 & Up***

WILL RESUME IN SEPTEMBER

**Team Fee** ............................................................... $575
**Free Agent Player Fee** ........................................ $110

**Open Gym Basketball  *Ages 16 & Up***

**MONDAYS, WEDNESDAY & FRIDAYS • 12 PM – 2 PM**
**TUESDAYS • 6 PM – 9 PM**

**Fee** ........................................................................... $6 or current pass

**40+ Hoops  *Ages 40 & Up***

**TUESDAYS • 12 PM – 2 PM**

**Fee** ........................................................................... $6 or current pass

**Open Gym Pickleball  *Ages 16 & Up***

**MONDAYS & TUESDAYS • 12 PM – 2 PM**
**THURSDAYS • 12 PM – 3 PM**

(TUESDAYS & THURSDAYS ONLY BEGINNING JUNE 22)

**Fee** ........................................................................... $6 or current pass

**Open Gym Volleyball  *Ages 16 & Up***

**MONDAYS • 6 PM – 9 PM**

**Fee** ........................................................................... $6 or current pass

**Tennis and Friends  *Ages 50 & Up***

*Tibbetts Valley Park*

**DROP-IN PLAY MONDAY – FRIDAY**
**JUNE – OCTOBER • 8:30 AM – 11 AM**
**NOVEMBER – MAY • 1 PM – 3 PM**

**Fee** ....................................................................... FREE!
Mighty Mites  Ages 3 – 5

The staff are enthusiastic and ready to show your young camper a fantastic time as they are introduced to the excitement of summer camp! All children must be at least 3-years old and potty-trained. Camp ends at 2:30 PM on Thursdays, so that we can travel or have a special guest. Registration is open!

Visit issaquahwa.gov/daycamp for the latest information!

Issaquah Community Center
MONDAY – WEDNESDAY & FRIDAY • 9 AM – 12 PM
THURSDAY • 9 AM – 2:30 PM

General Fee ................................................................. $175
Resident Fee ............................................................ $146

WEEK OF JUNE 29 ONLY
General Fee ................................................................. $140
Resident Fee ............................................................ $117

Extended Care is not available.

June 29 – July 2: Holidays in July!
Celebrate all the fun holidays this week, from Halloween to St. Patricks Day! Field Trip: Pump It Up.

July 6 – 10: Forest Friends!
Discover the different cute critters living in the forest. Field Trip: Cougar Mountain Zoo.

July 13 - 17: Planes, Trains and Automobiles!
Rev those engines! Get up close with different modes of transportation. Field Trip: Dizzy’s Tumblebus.

July 20 – 24: Around the World!
That’s right…. tour the world without leaving Issaquah! Field Trip: Wallaby Farm.

July 27 – July 31: Sports Mania!
Everything sporty, all week long! Field Trip: Kidz Bounce.

Aug. 3 – 7: Splashin’ Around!
Are you ready for a wacky and wet week?
Field Trip: Seattle Aquarium.

Aug. 10 – 14: Castles & Crowns!
Adventure into imagination with a week of princesses, princes, castles and more! Field Trip: Bellevue Inspiration Playground.
**Kindercamp**  *Ages 5 – 6 &/or entering Grades K – 1*

Kindercamp continues to provide a quality, safe and super-fun camp experience for our little ones! Games, crafts and crazy activities! Each themed week includes a field trip and a day at the beach. Registration is open! Visit issaquahwa.gov/daycamp for the latest information!

**Memorial Park Center**  
**MONDAY – FRIDAY • 9 AM – 4 PM**

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<td><strong>WEEK OF JUNE 29</strong></td>
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<tr>
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| **Extended Care Fee** | $30/week/camper |

Extended Care is available each day from 7 AM – 9 AM and 4 PM – 6 PM.

**Before-Camp Swim Lessons**  
Before-Camp Swim Lessons at the Julius Boehm Pool are available to Kindercampers during specific weeks, Monday through Thursday. Staff will walk participants to Pool for 4:30 PM lessons. Parents must pick up their child at the Pool at 5 PM. There is not an afternoon extended care for swim lesson participants, and no staff supervision after 5 PM.

June 22 – 26: Barnyard Bash!  
Let’s have a fantastic fun time with our furry farm friends! Field Trip: Remlinger Farms. Extended Care available.

June 29 – July 2: Earth, Wind, (Water) and Fire!  
Explore the four different elements of this world! Field Trip: Pacific Science Center. Extended Care available.

July 6 – 10: Pixar Party!  
Oh Joy! We’re heading Up to hang with Woody, Dory, Lightning McQueen and more for an incredible time! Field Trip: Kidropolis at Family Fun Center. Both Extended Care & After-Camp Swim Lessons available.

July 13 – 17: Color Wars!  
Red, Blue, Green, Purple – what’s your favorite color? We’ll have color-of-the-day activities and end with a great Color War on Friday! Field Trip: AquaSox Game. Both Extended Care & After-Camp Swim Lessons available.

July 20 – 24: Time Trekkers!  
Get that time machine ready! We’re traveling back to Jurassic times, medieval times, western times and more! Field Trip: MoPOP. Both Extended Care & After-Camp Swim Lessons available.

July 27 – July 31: Ceremony of Champions!  
Go for the gold in our combined Day Camp Summer Olympic Games! Field Trip: Kidz Bounce. Both Extended Care & After-Camp Swim Lessons available.

Aug. 3 – 7: Go with the Flow!  
Expect to get wet, wet, wet every day with crazy fun water games and activities! Field Trip: Beat the Heat Splash Day! Both Extended Care & After-Camp Swim Lessons available.

Aug. 10 – 14: Celebration of Nations!  
Discover different cultures and countries and stamp your passport along the way! Field Trip: KidsQuest. Extended Care available.

**Camp ‘Quah**  *Ages 7 – 10 &/or entering Grades 2 – 5*

Join Camp ‘Quah for games, crafts and awesome activities. Each themed week includes time in the pool, a field trip and a day at the beach. Registration is open! Visit issaquahwa.gov/daycamp for the latest information!

**Issaquah Community Center**  
**MONDAY – FRIDAY • 9 AM – 4 PM**

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| **Extended Care Fee** | $30/week/camper |

Extended Care is available each day from 7 AM – 9 AM and 4 PM – 6 PM.

**Before-Camp Swim Lessons**  
Before-Camp Swim Lessons at the Julius Boehm Pool are available to Camp ‘Quah campers during specific weeks, Monday through Friday. Parents are responsible for getting their child into the Pool at 8 AM. Camp ‘Quah staff will be supervising the locker room and walking campers to Camp ‘Quah each morning after the swim lesson.

June 22 – 26: Camp ‘Quah’s Got Talent!  
Showcase your individual talents and learn some new ones along the way! Field Trip: Pump It Up! Extended Care available.

June 29 – July 2: Four Seasons!  
Can we fit a whole year into 4 days?! You bet! We’re celebrating seasonal holiday favorites! Field Trip: Seattle Storm Basketball Game. Extended Care available.

July 6 – 10: Mighty Mammals!  
We’re talking everything and anything animals! Field Trip: Woodland Park Zoo. Both Extended Care & Before-Camp Swim Lessons available.

July 13 – 17: Quidditch Cup!  
Magical spells, potions, creatures and, of course, Quidditch! We’ll explore the wand-erful world of Harry Potter! Field Trip: Enchanted Village. Both Extended Care & Before-Camp Swim Lessons available.

July 20 – 24: World Wanderers!  
Circle the globe and enjoy learning about different cultures! Field Trip: Family Fun Center. Both Extended Care & Before-Camp Swim Lessons available.

July 27 – July 31: Summer ‘Quah-lympic Games!  
Go for the gold in our combined Day Camp Summer Olympic Games! Field Trip: Defy. Both Extended Care & Before-Camp Swim Lessons available.

Aug. 3 – 7: H2-Woah!  
Get drenched all week with water-filled fun! Field Trip: Henry Moses Pool. Both Extended Care & Before-Camp Swim Lessons available.

Aug. 10 – 14: Sci-Fi Superheroes!  
We’ll explore the sci-fi world: aliens robots and obviously, superheroes! Field Trip: Pacific Science Center. Both Extended Care & Before-Camp Swim Lessons available.

Aug. 17 – 21: Cartoonapalooza!  
Adventure with Spongebob, Bugs Bunny, Pikachu and more of your favorite cartoon characters! Field Trip: Dave & Busters. Both Extended Care & Before-Camp Swim Lessons available.
Summer Sports Camps

Skyhawks Sports Camps  
Ages 4 – 14

The Issaquah Parks & Recreation Department proudly welcomes back Skyhawks sports programs in Issaquah. These summer sports camps are available for children ages 4-14. Programs will run from June 24–August 23.

PROGRAMS/ACTIVITIES AVAILABLE:

- Baseball
- Flag Football
- Lacrosse
- Tennis
- Basketball
- Golf
- Multi-Sport
- Volleyball
- Cheerleading
- Mini-Hawk®
- Soccer

For more information and to register, please visit skyhawks.com or call 800-804-3509.

TGA  
Ages 4 – 12

Join TGA for our 15th year of premier sports camps! Our camps maximize the fun by including instruction, games, and exciting activities to help players of all experience levels develop their skills, knowledge, and passion for the sport. Each day features an action-packed schedule that keeps our campers active and engaged while building friendships and learning key life lessons including teamwork, sportsmanship, perseverance, and leadership. TGA coaches are extensively screened and trained to utilize age-appropriate equipment to create a safe, fun, and educational camp experience for your young athlete. This summer we will be offering Tennis, Golf and Ultimate Frisbee camps, full day and half day options are available.

Central Park

- SESSION 1: JUL. 13 – 17
- SESSION 2: JUL. 27 – 31
- SESSION 3: AUG. 24 – 28

Prices and times vary.

Counselor-In-Training (CIT) Program

Grades 8 – 11

This three-week CIT program is designed for teens who are excited to take on a leadership role at summer camp. CITs are selected through an application and interview process that happens mid-April. Congratulations to our 2020 CIT’s who will put their enthusiastic leadership skills to the test at Kindercamp and Camp ‘Quah!

MONDAY – FRIDAY  •  9 AM – 4 PM

- SESSION #1 – JUN. 24 – JUL. 12
- SESSION #2 – JUL. 15 – AUG. 2
- SESSION #3 – AUG. 5 – AUG. 23

General Fee ............................................ $228
Resident Fee ........................................... $190

Extended Care Fee .............................................. $30/week/camper

Extended Care is available each day from 7 AM – 9 AM and 4 PM – 6 PM.

Aug. 24 – 28: Kid Counselors-In-Training!

With the guidance of your enthusiastic counselors, it’s up to YOU to plan the ultimate week of camp! Field Trip: Movie. Both Extended Care & Before-Camp Swim Lessons available.

Adventure Camp

Ages 11 – 12 &/or Entering Grades 6 – 7

Adventure Camp has proven to be the best part of summer for sixth and seventh graders! Each themed week includes a field trip, an afternoon at the pool and a day at the beach. Registration is open! Visit issaquahwa.gov/daycamp for the latest information!

Issaquah Community Center

MONDAY – FRIDAY  •  9 AM – 4 PM

General Fee ............................................ $257
Resident Fee ........................................... $214

WEEK OF JUNE 29 ONLY
General Fee ............................................ $205
Resident Fee ........................................... $171

Extended Care Fee .............................................. $30/week/camper

Extended Care is available each day from 7 AM – 9 AM and 4 PM – 6 PM.

June 22 – 26: Time Travelers!
Go back in time to experience those iconic decades!
Field Trip: Gameworks.  Extended Care available.

June 29 – July 2: Winter Wonderland!
Winter activities turned into summer fun! Mittens optional.
Field Trip: Ice Skating.  Extended Care available.

July 6 – 10: Give to Gain!
A week full of giving back to the community. Field Trip: Bellevue Ropes Course.  Extended Care available.

July 13 – 17: Around the World!
Experience different cultures in your own backyard.
Field Trip: Ride the Ducks.  Extended Care available.

July 20 – 24: Reality TV Stars!
Each day we will host a different reality tv show. Shark Tank, Camp’s got Talent, Camp Ninja Warrior, just to name a few.
Field Trip: Dave & Busters.  Extended Care available.

July 27 – 31: Victorious!
Everyone is an Olympian this week. Field Trip: Mariners Game.  Extended Care available.

Aug. 3 – 7: Water We Thinking?
Get super soaked this week! Field Trip: Enchanted Village.  Extended Care available.

Aug. 10 – 14: Beastmode!
Lions and Tigers and Bears oh my! Field Trip: Woodland Park Zoo.  Extended Care available.

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Aug. 10 – 14: Beastmode!
Lions and Tigers and Bears oh my! Field Trip: Woodland Park Zoo.  Extended Care available.
Dream Team Cheer
Full Day Cheer Camp  Ages 5 – 13
Learn to be a cheerleader! This cheer camp is designed for those who want to cheer, jump, and dance. It’s a fun five-day camp where participants will learn to perform cheers and dance routines, and even do some beginning tumbling. All cheerleaders will receive a camp T-shirt and megaphone. Cheerleaders will be divided into age-appropriate groups. Please bring a sack lunch, a snack, and a water bottle, and wear comfortable clothes and tennis shoes.
Issaquah Community Center
MONDAY – FRIDAY, JUL. 20 – JUL. 24 • 9:30 AM – 3 PM
General Fee ................................................................. $245
Resident Fee ............................................................... $205

Jets Gymnastics Express
Summer Camps  Ages 3 – 12
Our summer camps help children of all ages learn gymnastics in a fun and playful environment while improving their coordination and athletic ability. Activities include jumping, tumbling, swinging, balancing, and lots of fun games. We accommodate a variety of skill levels and teach to the level of each boy and girl. Activities include gymnastics instruction in tumbling, bars, beam, and vault, along with games and activities including lots of obstacle courses, fun stations, parachute and much more.

Little Flips Camps  Ages 3 – 5
MONDAY – FRIDAY, JUL. 6 – JUL. 10 • 9 AM – 12 PM
MONDAY – FRIDAY, AUG. 17 – AUG. 21 • 9 AM – 12 PM

Big Flips Camps  Ages 6 – 12
MONDAY – FRIDAY, JUL. 6 – JUL. 10 • 1 PM – 4 PM
MONDAY – FRIDAY, AUG. 17 – AUG. 21 • 1 PM – 4 PM

Parkour Camps  Ages 6 – 12
MONDAY – FRIDAY, JUL. 6 – JUL. 10 • 1 PM – 4 PM
MONDAY – FRIDAY, AUG. 17 – AUG. 21 • 1 PM – 4 PM

Chemistry Creations Summer Camp  Ages 6 – 12
Chemistry is an exciting world to dive into and what better way than to experience it hands-on for a week with Cascade Enrichment! We will learn about chemical reactions, phases of matter, atoms, molecules, and much more. Join us as we play, learn, and discover.
Issaquah Community Center
MONDAY – FRIDAY, JUL. 20 – 24 • 9 AM – 1 PM
General Fee .................................................................................. $239
Resident Fee ............................................................................... $199

How To Draw Anime Manga  Ages 6 – 12
Calling all otaku kids! Join the Anime Manga summer workshop led by Young Rembrandts and learn to draw your favorite Japanese style art. This five-day workshop will tap into everyone’s imagination while learning to draw cute manga inspired characters, accessories and costumes. Your child’s talent is about to take off - register now to save your child’s spot in this kawaii workshop focused on technique and creativity!
Issaquah Community Center
MONDAY – FRIDAY, JUL. 6 – 10 • 1 PM – 4 PM
General Fee .................................................................................. $239
Resident Fee ............................................................................... $199

Cooking and Baking Drawing Workshop  Ages 6 – 12
During these five, fun-filled days, Young Rembrandts students will learn to illustrate the thing we all love to do - eat! Students will draw, decorate, build and color everything in the kitchen that relates to cooking and baking. Drawings will include funny kitchen cartoons, detailed still life scenes and delicious details to make them complete. Prepare for artwork that looks good enough to eat!
Issaquah Community Center
MONDAY – FRIDAY, AUG. 10 – 14 • 1 PM – 4 PM
General Fee .................................................................................. $239
Resident Fee ............................................................................... $199
The City of Issaquah believes that youth are not only future leaders of tomorrow, but also active civic contributors of today. This Board exists to create and encourage both youth leadership and service opportunities in order to develop leadership skills, highlight youth ideas and opinions, and unite students in the Issaquah School District. Applications for the 2020-2021 Board are available on April 1st. Interviews take place in the Spring.

Congratulations to our current members:

- Anish Bhamidipati
- Anusha Manoj
- Ashwin Manoharan
- Bijan Gulamani
- Brooke Fraser
- Daryush Ghadiali
- Delaney Thibeau
- Delnaz Ghadiali
- Emma Crothers
- Giada Oliva
- Ian Hansen
- Jacob Rubenstein
- Kathie Huang
- Kelly Ferrera
- Kelly Wang
- Lucy Bentsen
- Mansi Mishra
- Marcus Koczarski
- Micah Mok
- Morgan Fitzpatrick
- Nathan Ben
- Parker Huang
- Riddhi Sharma
- Rishi Hazra
- Rohan Ganesh
- Ryan Reamy
- Sage Khanuja
- Sahana Rao
- Samprikta Basu
- Sean Fan
- Shananda Dokka
- Varnika Dokka
- Sierra Martinsen
- Simar Khanuja
- Tarun Shivakumar
- Thevina Dokka
- Varnika Dokka
Specialized Recreation

Due to CoVid-19 all spring programming has been cancelled. Please check online for summer programming in the coming weeks.

Community Club  
*Ages 18 & Up*
Join us for a variety of activities that may include fitness, sports, games, field trips, swimming, movies, art and more! Participants must have the skills to participate and cooperate in group situations and to attend to their own personal needs. Participants will need to bring additional funds for some activities.

**SUMMER DATES, TIMES, AND PRICING TBD**

Bowling & Pizza  
*Ages 13 & Up*
Join the crew for some amazing pizza and good ole fashion bowling at the Family Fun Center. Vans leave at 5:30 PM.

**SUMMER DATES, TIMES, AND PRICING TBD**

Participants must be dropped off and picked up by a caregiver or guardian on Saturdays only. No Access pick up or drop off.

Let’s Dance  
*Ages 13 & Up*
Get your groove on! Explore movement in a variety of ways through warm-ups, basic dance skills, and some special dance moves you can call your own!

**SUMMER DATES, TIMES, AND PRICING TBD**

Supper Club  
*Ages 13 & Up*
Doing it on their own! We will visit various local restaurants where participants will order, pay, and enjoy a great meal with friends every other Thursday.

**SUMMER DATES, TIMES, AND PRICING TBD**

Social Club  
*Ages 13 & Up*
Participants will experience a Saturday adventure with friends! Bring additional funds for admission, along with a sack lunch!

**SUMMER DATES, TIMES, AND PRICING TBD**

Participants must be dropped off and picked up by a caregiver or guardian on Saturdays only. No Access pick up or drop off.

Chorus  
*Ages 13 & Up*
Have fun singing uplifting songs that make you feel great! All voices and lovers of music are welcome.

**SUMMER DATES, TIMES, AND PRICING TBD**

Performance date TBD.
**Drama**  *Ages 13 & Up*

No acting experience is necessary... just a great attitude! Get your creative juices going with Howie.

**SUMMER DATES, TIMES, AND PRICING TBD**

**Performance date TBD**

**Summer of Fun**  *Ages 13 & Up*

Join us for a summer of fun and friends as three days a week we will explore various activities of the PNW! *Outings are subject to change.*

Meet at the Issaquah Community Center

**NINE WEEKLY SESSIONS BEGINNING JUN. 29**

**MONDAY, TUESDAY & THURSDAY • 10 AM – 4 PM**

<table>
<thead>
<tr>
<th>General Fee</th>
<th>$110/Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>Resident Fee</td>
<td>$91/Session</td>
</tr>
</tbody>
</table>

**Week of June 29**

Tour of Century Link Stadium, Rattlesnake Lake, Museum of Flight

**Week of July 6**

Family Fun Center, Lake Sammamish, Ballard Locks

**Week of July 13**

Point Defiance Zoo, Idlywood, Seattle Center

**Week of July 20**

Seattle Aquarium, Beach, Kandle Park Pool

**Week of July 27**

Alki Beach, Luther Burbank Beach, MoPop

**Week of August 3**

Julius Boehm Pool, Gene Coulon Beach, MOHAI

**Week of August 10**

Volunteer Park, Rattlesnake Lake, Tacoma Rainiers Game

**Week of August 17**

Bellevue Botanical Gardens, Idlywood Beach, Seattle Chocolate Tour

**Week of August 24**

Lake Sammamish, End of Summer Extravaganza, MOHAI

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**Spring Fling Dance**  *Ages 13 & Up*

Join us at for the annual Spring Fling dance hosted by Si View Parks! We will meet at the Community Center and head over as a group.

This event has been cancelled.

**Special Olympics Softball**  *Ages 8 & Up*

Issaquah Parks & Recreation is excited to offer co-ed Special Olympics Softball this summer! Athletes will be assigned to teams based on their age, skill level and last year’s rosters. Athletes will need to have a current Application for Participation completed before the first practice. Scholarships are available for those who qualify.

**Fridays, Jun. 5 – Jul. 31 • 6 PM – 7:30 PM**

<table>
<thead>
<tr>
<th>General Fee</th>
<th>$12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Resident Fee</td>
<td>$10</td>
</tr>
</tbody>
</table>
Senior Center Access

The Issaquah Senior Center is free. All are welcome to visit and use the facility! Registration is required on your first visit. Please check in at the front desk to register. There are fees to participate in some classes and programs.

Health & Fitness

For information on dates and times, please call the Senior Center 425-392-2381 or visit the website at issaquahwa.gov/seniors.

**TAI CHI—QI GONG**

Tai Chi—Qi Gong, a Chinese traditional art of wellness. Practice fluid movements synchronized with deep smooth breathing, relaxation and full concentration. This two-part (Tai Chi 24 Forms—Qi Gong 18 Forms) health improvement technique is in essence a meditation-in-motion. It keeps the mind cool and tranquil, enhances body energy and improves balance.

**MONDAYS • 9 AM – 10 AM**

Fee ................................................................. Free

**STRENGTH AND BALANCE**

This class focuses on building strength and muscle using different forms of resistance, such as traditional weights, bands, balls, and isometric movements. We also work on balance and stamina. This class is the perfect addition to the Wednesday and Friday Intermediate S.A.I.L. class or add it to your weekly workout regimen to get that added resistance and balance focus. This is a higher-intensity class designed for the more mobile adult. Please wear tennis shoes designed for exercise. If new, please arrive 15 minutes early so you can meet with the instructor and get equipment.

**MONDAYS • 10:30 AM – 11:30 AM**

Fee ................................................................. $50/10 classes

**LINE DANCING**

Exercise your body & mind by line dancing to lively music. Dancing styles covered in class are Country Western, Swing, Tango, Cha-Cha, Waltz and more. No dance experience or partner necessary.

**THURSDAYS • 2:45 PM – 3:45 PM**

Fee ................................................................. Free

**S.A.I.L. (Stay Active & Independent for Life)**

S.A.I.L. is a fitness program approved by the Administration on Aging for fall prevention. Performing exercises that improve strength, flexibility, balance, and cardio is the single most important activity adults can do to stay active and reduce their risk of falling.

**Fee ................................................................................................................... $50/10 classes**

**BEGINNING S.A.I.L.**

Beginning S.A.I.L. is a slower-paced class designed for beginners or those with limitations and can also be done from a chair or walker. Please wear tennis shoes designed for exercise. If new, please arrive 15 minutes early so you can meet the instructor and get equipment.

**WEDNESDAYS & FRIDAYS • 11 AM – 12 PM**

**INTERMEDIATE S.A.I.L.**

Intermediate S.A.I.L. is a higher-intensity class designed for the more mobile adult. Please wear tennis shoes designed for exercise. If new, please arrive 15 minutes early so you can meet the instructor and get equipment.

**WEDNESDAYS & FRIDAYS • 9:30 AM – 10:30 AM**

**YOGA**

Yoga Alliance certified instructor Barbara Stevenson uses the Viniyoga approach of combining breath awareness with movement, as well as function over form, to make this class adaptable for each individual. No experience or flexibility needed. Equipment provided.

**MONDAYS & THURSDAYS • 1:15 PM – 2:30 PM**

Fee ............................................................................................................ $8/class
**TRIPS**
Join us as we venture out on a variety of exciting adventures! Meet new people and experience some of the best outings in the area. Sign up in person or over the phone today!

For information on dates and times, please call the Senior Center 425-392-2381.

**TRANSPORTATION**
Transportation to the Issaquah Senior Center is available every Friday for $4 round trip to and from your home in the Issaquah School District. Pick up is between 9 AM and 10 AM and drop off is between 1:30 PM and 2:30 PM. *Please call the front desk at 425-392-2381 to arrange transportation in advance.*

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**CHAIR YOGA**
Chair yoga leads you through a gentle series of yoga poses done while seated or using a chair for balance and support. This yoga class focuses on incorporating your breath with movements to create strength, flexibility, and balance and promote a sense of calm and wellbeing. Reduce stress and try this ancient wellness practice.

**MONDAYS • 2:45 PM – 3:45 PM**
Fee ............................................................................................................ $7/class

**Social Activities & Events**

**ACTIVITY NIGHT**
Join us for card games, Wii Bowling, Movies and a variety of other activities with Senior Center patrons!

**WEDNESDAYS • 5:30 PM – 9 PM**
Fee ................................................................................................................... Free

**COFFEE TALK**
Coffee Talk is an open forum discussion with Courtenay Garcia, Issaquah Senior Center Manager and Brian Berntsen, Deputy Director of Parks and Recreation, about what is going on at the Senior Center and around the city.

**MEETS THE 1ST & 3RD MONDAY OF EACH MONTH • 11 AM – 12 PM**
Fee ................................................................................................................... Free

**BOOK CLUB**
Join other seniors for this unique book club! Come and share what you are reading and learn about books that others are reading. All are welcome to join in and discuss books!

**MEETS THE 1ST & 3RD WEDNESDAY OF EACH MONTH**
Fee ................................................................................................................... Free

**BINGO**
Join us for BINGO after lunch at 12:45 PM! Come early and enjoy lunch before the game.

**MEETS THE 2ND WEDNESDAY OF EACH MONTH • 12:45 PM**
Fee ................................................................................................................... Free

**BUNCO**
Join us for this fun monthly activity! Please mark your calendar for this fun dice game that requires zero skill!

**MEETS THE 3RD MONDAY OF EACH MONTH • 1 PM**
Fee ................................................................................................................... Free

**BRIDGE**
**MONDAYS • 11 AM**
Fee ................................................................................................................... Free

**PINOCHELLE**
**TUESDAYS & FRIDAYS • 12:30 PM**
Fee ................................................................................................................... Free

**MAHJONG**
**TUESDAYS • 9 AM**
Fee ................................................................................................................... Free

**PIZZA WITH A PURPOSE**
Grab lunch and have a chat with Issaquah Senior Center Supervisor and City Officials.

**4TH MONDAY EACH MONTH OVER LUNCH • 12 PM**

**MATINEE MOVIE**
**MEETS THE 2ND & 4TH TUESDAY OF EACH MONTH • 1:30 PM**
Fee ................................................................................................................... Free

**KNITTING GROUPS**

**Operation School Bell Knitting Group**
**TUESDAYS • 10 AM**
Fee ................................................................................................................... Free

**Happy Hookers Knitting**
**THURSDAYS • 11 AM**
Fee ................................................................................................................... Free

**HAND AND FOOT CARD GAME**
**THURSDAYS • 11 AM**
Fee ................................................................................................................... Free

**Trips & Transportation**

**TRIPS**
Join us as we venture out on a variety of exciting adventures! Meet new people and experience some of the best outings in the area.

Sign up in person or over the phone today! *For information on dates and times, please call the Senior Center 425-392-2381.*

**Important Information:**
- Fees vary per trip
- Please arrive 15 min before the trip leaves
- Vans are not wheelchair accessible
- Trip participants must ride with the group both ways
- To be mindful of other participants, please do not wear any fragrance on field trips
- Participants who need special care are required to bring a chaperone

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**TRANSPORTATION**
Transportation to the Issaquah Senior Center is available every Friday for $4 round trip to and from your home in the Issaquah School District. Pick up is between 9 AM and 10 AM and drop off is between 1:30 PM and 2:30 PM. *Please call the front desk at 425-392-2381 to arrange transportation in advance.*
**Education & Arts**

**TECH HELP WITH MICHELLE WINTERSTEIN**

Bring all your computer and technology related questions—she can help! From computers to cell phones, tablets and cameras, bring yours or get help using the computers at the senior center. *Sign up at the front desk for a 20-minute time slot.*

**MEETS EVERY THURSDAY • 2 PM – 4 PM**

Fee ................................................................. Free, sign up required

**WRITING YOUR FAMILY STORY WORKSHOP**

Join senior patrons to learn to capture engaging & entertaining stories that your family will treasure for years to come. No writing experience needed. Invite family members—this class is open to non-seniors as well. Feel free to attend, even if just to listen. Newcomers are always welcome!

**MEETS THE 2ND & 4TH THURSDAY OF EACH MONTH • 10 AM**

Fee ........................................................................................................ Free

**CAREGIVER SUPPORT GROUP**

Facilitated by Senior Center Staff—join with other caregivers to create a supportive community.

**MEETS THE 4TH WEDNESDAY OF EACH MONTH • 1:30 PM**

Fee ........................................................................................................ Free

**DRIFTWOOD SCULPTURE CLASS**

Bring out the beauty in found wood from the beach, lakes and even your own backyard. Join a class today and become the artist you never knew you were. Tools will be provided.

**MEETS EVERY WEDNESDAY OF EACH MONTH • 6 PM**

Fee ........................................................................................................ $5

**Beginner Kits .................................................................................. $8**
# Drop-In Schedule

## Community Center

<table>
<thead>
<tr>
<th>Program</th>
<th>Day/Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>16+ Pickleball</td>
<td>Mondays • 12 PM – 2 PM</td>
</tr>
<tr>
<td></td>
<td>Tuesdays • 12 PM – 2 PM</td>
</tr>
<tr>
<td></td>
<td>Thursdays • 12 PM – 3 PM</td>
</tr>
<tr>
<td></td>
<td><strong>Beginning June 22</strong>: Tuesdays &amp; Thursdays only</td>
</tr>
<tr>
<td>40+ Hoops</td>
<td>Tuesdays • 12 PM – 2 PM</td>
</tr>
<tr>
<td>16+ Basketball</td>
<td>Mondays • 12 PM – 2 PM</td>
</tr>
<tr>
<td></td>
<td>Tuesdays • 6 PM – 9 PM</td>
</tr>
<tr>
<td></td>
<td>Wednesdays • 12 PM – 2 PM</td>
</tr>
<tr>
<td></td>
<td>Fridays • 12 PM – 2 PM</td>
</tr>
<tr>
<td>16+ Volleyball</td>
<td>Mondays • 6 PM – 9 PM</td>
</tr>
<tr>
<td>Toddler Time</td>
<td>Monday – Friday • 8 AM – 12 PM</td>
</tr>
<tr>
<td></td>
<td><strong>Beginning June 22</strong>: Monday, Wednesday &amp; Friday • 8 AM – 12 PM</td>
</tr>
</tbody>
</table>

## Julius Boehm Pool

<table>
<thead>
<tr>
<th>Program</th>
<th>Day/Time</th>
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</thead>
<tbody>
<tr>
<td>Water Exercise, Deep</td>
<td>Monday – Friday • 8 AM – 8:45 AM</td>
</tr>
<tr>
<td>Water Exercise, Move &amp; Flow</td>
<td>Monday – Friday • 10 AM – 10:45 AM</td>
</tr>
<tr>
<td>Lap Swim</td>
<td>Mondays • 6:30 AM – 3:30 PM, 7:30 PM – 9:30 PM</td>
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<tr>
<td></td>
<td>Tuesdays • 6:30 AM – 3:30 PM, 7:30 PM – 9:30 PM</td>
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<td>Fridays • 6:30 AM – 3:30 PM, 8 PM – 9:30 PM</td>
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<tr>
<td></td>
<td>Saturdays • 12:30 PM – 4 PM</td>
</tr>
<tr>
<td></td>
<td>Sundays • 11 AM – 4 PM</td>
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</tbody>
</table>
30TH ANNUAL
ISSAQUAH
FARMERS MARKET
Saturdays 9 am – 2 pm • June – September

#FRESHFROMISSY
issaquahwa.gov/market
ISSAQUAH CONCERTS ON THE GREEN
A SEASON OF TRIBUTES 2020

TIME: 7:00–8:30 PM
PLACE: ISSAQUAH COMMUNITY CENTER FRONT LAWN

JULY 7  THE LONELY HEARTS CLUB
Featuring the music of The Beatles

JULY 14  CREEDENCE REVELATION
Tribute to Creedence Clearwater Revival

JULY 21  LANDSLIDE
Tribute to Stevie Nicks and Fleetwood Mac

JULY 28  WINGS N THINGS
Featuring the music of Paul McCartney

AUG. 4  DOCTORFUNK
Echoing the passion of Tower of Power

AUG. 11  PSEUDOTRAMP
A tribute to the music of Supertramp

AUG. 18  THIRD STAGE
Relive the experience and music of Boston

AUG. 25  STONESY
The music of The Rolling Stones

issaquahwa.gov/concerts
#issyrocks