Recreation Guide
Spring/Summer 2022

Join us this summer for our 200th Concert!

Camps
Events
Education & Arts
Health & Fitness
Swim Lessons
Sports
Specialized Recreation
Senior Programs
Dear Issaquah neighbors,

Spring is a time for renewal, revitalization and restoration! April is Earth Month and represents a great time to revisit our commitments and broader efforts in environmental stewardship. Issaquah has always valued our regional beauty and understands our responsibilities in maintaining that for future generations. I encourage each of you to join community restoration activities or household environmental conservation challenges to reduce your carbon footprint.

Some ideas include:
• Sign up to volunteer with the Green Issaquah Partnership
• Buy Green Power from Puget Sound Energy
• Take the Food: Too Good to Waste Challenge to learn how much food you are throwing away
• Teaching our younger generation the value of protecting and preserving our region’s greenspace

Visit issaquahwa.gov/EarthMonth for more creative ideas and regional events related to environmental protection and community enhancement.

There is lots of work to be done, both individually and as a community, to improve the way we live and work in order to curb climate change and ecosystem degradation. We hope you can join the City and our partners in celebrating Earth Month together.

Yours in Service,

Mayor Mary Lou Pauly
@MayorMaryLou | mayor@issaquahwa.gov

Meet Your City Council

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Councilmember
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Contact the entire City Council at citycouncil@issaquahwa.gov
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Community Center 425-837-3300  
Pool 425-837-3350  
Senior Center 425-837-3339  
parksrecreation@issaquahwa.gov  
issaquahwa.gov/parks  
@cityofissaquah
Issaquah Recreation Guide is online!

Search and register in a snap for programs, events, rental information and more at:

issaquahwa.gov/register

This is the last full-scale recreation guide. So print it out, flip through the pages, then sign up for the eNewsletter so you don’t miss out on future events!

Go to issaquahwa.gov/register to view:
• Current programs
• Picnic shelter availability
• Upcoming events

FOLLOW ON US ON SOCIAL MEDIA
@cityofissaquah
Hours & Locations

Issaquah Community Center
301 Rainier Blvd. S
Issaquah, WA 98027

Spring Hours
• MONDAY – FRIDAY • 7 AM – 9 PM
• SATURDAY • 8 AM – 4 PM
• SUNDAY • CLOSED

Summer Hours, beginning Saturday, June 18:
• MONDAY – FRIDAY • 7 AM – 9 PM
• SATURDAY • 8 AM – 1 PM
• SUNDAY • CLOSED

Julius Boehm Pool
50 S.E. Clark Street
Issaquah, WA 98027

Pool Hours
• MONDAY – FRIDAY • 6:30 AM – 8:30 PM
• SATURDAY • 1:30 PM – 4:30 PM
• SUNDAY • CLOSED

Issaquah Senior Center
75 N.E. Creek Way
Issaquah, WA 98027

Senior Center Hours
• MONDAY – THURSDAY • 8:30 AM – 4 PM
• FRIDAY • 8:30 AM – 2 PM
• SATURDAY & SUNDAY • CLOSED

CLOSURES (ALL LOCATIONS)

MONDAY, MAY 30TH • MEMORIAL DAY
MONDAY, JUNE 20 • JUNETEENTH
MONDAY, JULY 4 • INDEPENDENCE DAY
MONDAY, SEPT. 5 • LABOR DAY
Registration & Fee Information

The City of Issaquah follows all recommendations issued by Public Health – Seattle & King County, our public health agency. Programs, events or facility availability may change quickly based on this guidance, which helps keep our community safe during the COVID-19 pandemic. For the latest updates, go to issaquahwa.gov/parks.

Fees
Participants who live outside of Issaquah’s city limits can expect to pay about 20% more than residents for certain parks and recreation programs. The general rate ensures that families living outside of Issaquah contribute to services on an equal basis with residents who pay City taxes.

Fair Play in Community Sports
The City of Issaquah complies with the State of Washington’s Fair Play in Community Sports Act (Chapter 467, 2009 Laws, effective date July 26, 2009) that prohibits discrimination against any person in a community athletics program on the basis of sex.

Easy Registration
issaquahwa.gov/register or 425-837-3300

Scholarships
The Parks & Community Services Department scholarships are generously funded by individual, corporate and community group donations. To receive a scholarship or discount, applicants must:

- Meet the City’s income eligibility requirements
- Live in Issaquah (adults) or live within the Issaquah School District boundary (18 and under)

Each calendar year, the maximum scholarship awards are $450 per participant. Scholarships are available at 90%, 70% and 50% of program fees. Applicants must provide proof of income eligibility with the following:

- DSHS services approval letter
- Documentation that preschool-aged child is participating in Head Start
- Most recent tax return and W-2 income information

To learn more and apply, go to issaquahwa.gov/scholarships.

We offer a variety of recreation classes and programs for all of our community members! Need help registering? Call us at 425-837-3300.

¡Ofrecemos una variedad de clases y programas recreativos para todos los miembros de nuestra comunidad! ¿Necesita ayuda para registrarse en español? Llámenos al 425-837-3300.

我们为所有社区成员提供各种娱乐课程和节目！需要中文注册帮助吗？请致电425-837-3300。
General Refund Policy

4 Days or More Prior to Start Date

<table>
<thead>
<tr>
<th>30 Day</th>
<th>Annual</th>
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<tbody>
<tr>
<td>Resident</td>
<td>General</td>
</tr>
<tr>
<td>Youth &amp; Military</td>
<td>$5</td>
</tr>
<tr>
<td>Adult (18–61)</td>
<td>$6</td>
</tr>
<tr>
<td>Family</td>
<td>$15</td>
</tr>
<tr>
<td>Seniors/Gold Pass (62+)</td>
<td>$4</td>
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</tbody>
</table>

3 Days Prior to Start Date and Beyond

- Transfers and withdrawals requested 4 days or more in advance of the start date will be subject to a 5% fee
- No refunds or credits will be processed 3 days before the start date and beyond

Other Important Information

- Programs are subject to minimum enrollment. If a program is canceled due to low enrollment, a full refund will be processed
- Passes are non-refundable and non-transferable
- Monthly scheduled payments are available for annual Gold Passes only.
- This is not a universal policy; it does not apply to Day Camps, Preschool, Rentals & Schoolhouse Rec! which are subject to independent policies.

Facility Use Fees

- Military must show valid ID.
- Family Passes are available for immediate family members who live in the same household.
Rentals

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Parks, Fields & Picnic Shelters

Considering a family picnic or child’s birthday party in the park? Picnic shelters at the parks are available for reservation from May 1st through October 1st.

- Central Park
- Confluence Park
- Tibbetts Valley Park
- Tradition Plateau
- Gibson Park

Have a team or group activity that requires the use of open space? Ballfields at these parks are available for reservation:

- Central Park
- Squak Valley Park
- Tibbetts Valley Park
- Veterans’ Memorial Field

For more information, go to issaquahwa.gov, or call 425-837-3300.

Community Center

Reservations of the gym courts and multi-use rooms at the Community Center are available on a first-come, first-served basis.

Summer reservations open for Jun 18 – Aug 31:
Monday, May 2, at 8 AM.

Fall reservations open for Sep 1 – Dec 16:
Monday, July 25, at 8 AM.

Gym and Room Rates

<table>
<thead>
<tr>
<th>Type</th>
<th>Rate</th>
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</thead>
<tbody>
<tr>
<td>General</td>
<td>$36/hour</td>
</tr>
<tr>
<td>Resident</td>
<td>$30/hour</td>
</tr>
<tr>
<td>After Hours</td>
<td>$50/hour</td>
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</table>

Gym Equipment Fees

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volleyball or Pickleball Nets</td>
<td>Included in rental fee</td>
</tr>
<tr>
<td>Basketballs</td>
<td>Included in rental fee</td>
</tr>
<tr>
<td>Floor Hockey Equipment</td>
<td>Included in rental fee</td>
</tr>
<tr>
<td>Birthday Parties</td>
<td>Above fees apply</td>
</tr>
</tbody>
</table>

For more information, go to issaquahwa.gov, or call 425-837-3300.

Pickering Barn

Pickering Barn is a premiere site for wedding ceremonies, receptions or your event.

Conveniently located in downtown Issaquah, the 12,000-square-foot Pickering Barn’s spacious banquet rooms can accommodate up to 350 guests. Our courtyard provides a great outdoor space for wedding ceremonies and social gatherings.

For more information, go to issaquahwa.gov/pickeringbarn, call 425-837-3320 or email pickeringbarn@issaquahwa.gov.

Leave your mark in an Issaquah park!

The City of Issaquah’s Bench Donation Program is a wonderful way to give. Your gift will be enjoyed by many in our community and your contribution is a way to enhance the City’s park system.

- **Bench Cost**
  $3,000 includes: bench, plaque, concrete pad, installation and maintenance.

- **Bench Location**
  View the City’s pre-approved donation bench locations on the City Website.

- **Bench Styles**
  Bench styles are predetermined and specific to each park according to the park’s master plan and/or City standard.

- **Plaque**
  Your donation will be recognized by the placement of a plaque that will be mounted on the backrest of the bench.

- **Process**
  Upon submittal of your inquiry form, City Park Planning staff will contact you for further coordination prior to payment. Upon approval and payment, your donation bench will be installed in the next available installation window. Installation windows are determined by seasonal variations in workload and weather impacts. The bench donor will be contacted a minimum of 3 days prior to installation. Upon installation, the bench shall vest with the City.

For more information, contact Milissa Ching milissac@issaquahwa.gov.

Senior Center

For more information about room rates or full facility rentals at the Senior Center, please call 425-837-3339.
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Events

Dodgeball & Doughnuts  Grades 9 – 12
High Schoolers and Issaquah Police Officers are joining forces in our 2nd Annual Dodgeball & Doughnuts! This is a FANTASTIC event to get teens & police officers communicating, laughing & high-fiving in a safe & positive environment. Teams of 5 youth will be joined by 1 Police Officer to compete in this lively and high-spirited double-elimination tournament. Championship Trophies are on the line! And...of course...no event including police officers is without an abundance of doughnuts! All participants get an epic t-shirt!

This event is hosted by the Issaquah Youth Advisory Board.

Issaquah Community Center
SATURDAY, MAY 7 • 6 PM – 9 PM

General Fee ................................................................. $12/player
Resident Fee ............................................................... $10/player

Issy Kids Triathlon  Ages 6 – 12
It’s back and could not be more excited to cheer you on as you swim, bike & run your way to the finish line! Jump in the pool for the first leg of the course. Hop on your bike to loop around on the Rainier Trail, and wrap up the event with a run around the Issaquah Community Center. This is an untimed, just-for-fun "race" to give kids a taste of what a triathlon is all about. Thank you to the Issaquah Youth Advisory Board for their part in making this event a reality!! Pre-registration only. To learn more, visit issaquahwa.gov/issykidstri.

Issaquah Community Center & Julius Boehm Pool
SUNDAY, JUN. 5
12 NOON • CHECK-IN & OPTIONAL SWIM TESTS BEGIN
1:00 PM • EVENT START

General Fee ................................................................. $30
Resident Fee ............................................................... $24

Concerts on the Green All Ages
Pack your blankets & wear your favorite dancing shoes! This year’s epic line-up will fill your summer with fantastic live music! Support the Kiwanis Club of Issaquah by purchasing dinner & ice cream.

Lineup:
• Jul. 5: No Rules
• Jul. 12: The West Coast Feed
• Jul. 19: The Davanos
• Jul. 26: The Kennydales
• Aug. 2: Portage Bay Big Band
• Aug. 9: Surround Sound Band
• Aug. 16: Nite Wave
• Aug. 23: Stonesy

Issaquah Community Center Lawn
TUESDAYS, JUL. 5 – AUG. 23 • 7 PM – 8:30PM

Fee .................................................................................. Free

Beat the Heat Splash Day Ages 12 & Under
Plan on getting WET! Prepare to run through sprinklers, blow bubbles, and more!

Issaquah Community Center Lawn
WEDNESDAY, AUG. 3 • 1 PM – 3 PM

Fee ................................................................. $2 donation

Farmers Market All Ages
Join us at the Farmers Market this year! More details at issaquahwa.gov/market.

Pickering Barn
SATURDAYS, MAY 7 – SEP. 24 • 9 AM – 2 PM

Fee .................................................................................. Free
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Issaquah Parks Preschool

*Ages 3 – 5*

Our Preschool has been serving the community for 25 years! With the ultimate objective of kindergarten readiness, our dedicated staff works with families to:

- Foster and encourage socialization
- Teach and increase cooperation
- Enhance listening skills

Classes are offered at the Issaquah Community Center and Memorial Park Center, both in downtown Issaquah. The preschool follows the Issaquah School District calendar of holidays and breaks. More information can be found at issaquahwa.gov/preschool. Call 425-837-3300 to inquire about current openings and waitlists.
Schoolhouse Rec! Grades K – 5

Schoolhouse Rec!, our popular program serving families in need of before & after school care, is ready to rock its 2nd year! Staff accompany Clark Elementary students to & from school. Issaquah School District provides bus transportation for Issaquah Valley Elementary students. This program follows the Issaquah School District calendar of holidays & breaks.

2022–2023 School Year: Registration begins Monday, April 18, at 8 AM.

Register online, by phone, or in person at the Issaquah Community Center. A $50 non-refundable deposit, plus the last month’s tuition is required at the time of registration. Automatic payments can be made in monthly installments at the 1st of each month, dividing the yearly fee into 9 monthly payments.

At Memorial Park Center

Age 3

TUESDAY & THURSDAY • 9:30 AM – 12 PM

General Fee ................................................................. $2,115 / year
Resident Fee .............................................................. $1,775 / year

Age 4

MONDAY, WEDNESDAY & FRIDAY • 9:30 AM – 12 PM

General Fee ................................................................. $2,754 / year
Resident Fee .............................................................. $2,304 / year

At Issaquah Community Center

Age 3

WEDNESDAY & FRIDAY • 9:30 AM – 12 PM

General Fee ................................................................. $2,115 / year
Resident Fee .............................................................. $1,775 / year

Age 4 – 5 (PreK)

MONDAY, TUESDAY & THURSDAY • 9:30 AM – 2 PM

General Fee ................................................................. $4,824 / year
Resident Fee .............................................................. $4,023 / year

Snapology

Snapology Superheroes Ages 5 – 11

To the Batcave! Design your own superhero using LEGO® bricks, create your own adventure and comic strip. Have a blast as you create your own fantasy world of superheroes. What kind of superpowers do you have?

Issaquah Community Center
TUESDAYS APR. 6 – JUN. 7 • 5:30 – 6:30 PM

General Fee ................................................................. $145
Resident Fee .............................................................. $120

Play-Well TEKnologies

Engineering Workshop with LEGO Ages 6 – 12

Celebrate nature, think sustainably, and commemorate Earth Day with tens of thousands of LEGO® parts in this workshop from Play-Well TEKnologies. Participants will learn about using the Earth’s resources responsibly and how to power their LEGO® creations using alternative energy sources, all with the guidance of an experienced and passionate Play-Well instructor.

Issaquah Community Center
SATURDAY, APRIL 23 • 2 PM – 4 PM

General Fee ................................................................. $48
Resident Fee .............................................................. $40
Epic Art

**Sensational Saturdays - April**

**SATURDAYS, APR. 9 – APR. 30 • 10 AM – 11:30 AM**


4/16 3D Sculpture: An Epic Spring bird using wire, plaster, and paint on wood base.

4/23 2D Drawing: The sweetest layered pedestal cake drawing on watercolor paper.

4/30 Mixed Media: A colorful panda collage made with cardboard shapes, the best chalk pastels, and many artful accessories.

**General Fee** ................................................................. $150
**Resident Fee** ............................................................... $125

**Sensational Saturdays - May**

**SATURDAYS IN MAY • 10 AM – 11:30 AM**

5/7 Mixed Media: An Epic rainbow collage on cardboard full of color, texture, and pattern.

5/14 3D Sculpture: A whimsical figure using wire, plaster, and paint on wood base.


5/28 Collage: An Epic flower garden tissue paper collage on canvas.

**General Fee** ................................................................. $150
**Resident Fee** ............................................................... $125

**Sensational Saturdays - June**

**SATURDAYS, JUN. 4 – 25 • 10:00 AM – 11:30 AM**

6/4 Mixed Media: An Epic cupcake collage wall hanging using vibrant oil pastels and loads of sugary bedazzle and shine.

6/11 3D Sculpture: String art with nails, wire, beads, and lots of mark making tools for an Epic abstract on wood.

6/18 2D Drawing: Big, beautiful bug drawings with vibrant paint colors.

6/25 Weaving: A handmade cardboard loom and slews of bright and varied yarns to make a fabulous circular weave wall hanging.

**General Fee** ................................................................. $150
**Resident Fee** ............................................................... $125
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We are actively seeking enthusiastic fitness instructors to teach and complement our growing offerings! The Community Center’s Rainier Room is ready to welcome new classes!

Fitness Room & Indoor Track

Age Requirements
Customers can start using the Fitness Room and Track at age 13, when accompanied by an adult. Anyone 16 and over can use the Fitness Room equipment unsupervised.

Fees
Use your current pass, or pay the daily drop-in fee.

Fitness Room
Enjoy a full body workout utilizing our various pieces of equipment including Precor strength stations, treadmills, elliptical cross-trainers and stationary bikes. A set of dumbbells is also on hand for your strength training needs.

Feel free to check it out prior to purchasing a pass.

Indoor Track
Looking for a place to continue your daily run or walk—rain or shine? Keep moving indoors on our track accessible on the second floor of the Community Center. In total, 11.3 laps equals a mile! Only walkers or joggers are allowed (please no strollers, riding toys or balls on the track). We ask that walkers stay to the inside of the track, and travel with no more than two people across. Shoes are required.
Jamie Monte – Vinyasa Flow

For over two decades, yoga has influenced the life of Jamie, your yoga instructor. She is a student of 8 Limbs Yoga Centers and completed their teacher training in 2010. Her classes are filled with lighthearted energy and creative sequences, coupled with breath awareness. Jamie encourages curiosity and playfulness to discover and nurture connections within the physical and energetic bodies. She weaves Ayurvedic principles, pranayama, mantra, mudra, and Vedic stories through the movement practice to create a rich experience. Her’s is a practice of devotion and you also will be challenged to practice with intention and devotion to your heart, your body, and your energy.

At the Issaquah Community Center

SATURDAYS, APR. 2 – APR. 30 • 9:30 AM – 10:45 AM
General Fee $100
Resident Fee $84

SATURDAYS, MAY 7 – MAY 28 • 9:30 AM – 10:45 AM
General Fee $80
Resident Fee $67

SATURDAYS, JUN. 4 – JUN. 25 • 9:30 AM – 10:45 AM
General Fee $80
Resident Fee $67

Drop In:
General Fee $22/class
Resident Fee $18/class

Zumba Dance Fitness

Zumba Fitness class combines fast and slow rhythms that tone and sculpt the body using a uniquely blended balance of cardiorespiratory/aerobic, muscular endurance, muscular strength, and flexibility training.

Issaquah Community Center
9:30 AM – 10:30 AM

MONDAYS
APR. 4 – APR. 25
MAY 2 – MAY 3
FRIDAYS
APR. 8 – APR. 29

4 week sessions

General Fee $96
Resident Fee $80

Drop in
General Fee $24
Resident Fee $20

General Fee $96
Resident Fee $80

Drop in
General Fee $22/class
Resident Fee $18/class
Swim Lessons: Basic Series

Parent & Child Class
A parent is required to be in the water with the child. Children learn how to move the water with their hands and feet. They will gain comfort and confidence in the water while having fun and singing songs. Parents will learn about water safety and how to swim safely with their children.

Preschool 1  Ages 3 – 5
This class is a beginner class that will focus on water comfort, floating, kicking, and water safety.

Preschool 2  Ages 3 – 5
This class will focus on flutter kicking on front and back, independent floating, elementary backstroke, beginning to swim with arms, and water safety.

Preschool 3  Ages 3 – 5
This class will focus on swimming on the front, on the back, beginning side breathing, breaststroke kicking, elementary backstroke, and water safety.

Preschool 4  Ages 3 – 5
This class will focus on swimming with side breathing, backstroke, elementary backstroke, breaststroke, butterfly kicking, dives, and water safety.

Youth 1  Ages 6 – 15
This is a beginner class that will focus on water comfort, floating, kicking, elementary backstroke, and water safety.

Youth 2  Ages 6 – 15
This class will focus on flutter kicking on front and back, breaststroke kicking, front stroke, backstroke, elementary backstroke, beginning side breathing, and water safety.

Youth 3  Ages 6 – 15
This class will focus on swimming with side breathing, backstroke, breaststroke, butterfly kicking, and water safety.

Youth 4  Ages 6 – 15
This class occurs in the lap pool and children will be swimming 25 yard lengths. The class will focus on swimming with side breathing, backstroke, elementary backstroke, breaststroke, butterfly, dives, and competitive turns.

Adult  Ages 16 & Up
This is a beginner class for adults. The class will focus on independent floating, swimming, and water safety.

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**Swim Lessons: Competitive Series**

**Competitive 1  All Ages**
This is a competitive level class that is designed to prepare children for joining a swim team. This is the introductory class that will cover competitive techniques of freestyle, backstroke, and butterfly. This class will also cover all of the starts and turns needed for competitive swimming.

**Competitive 2  All Ages**
The second in our competitive series gives a more intensive class on the freestyle and breaststroke techniques. The class will also cover all of the starts and turns associated with each competitive technique.

**Competitive 3  All Ages**
The second in our competitive series gives a more intensive class on the butterfly and backstroke techniques. The class will also cover all of the starts and turns associated with each competitive technique.

**Competitive 4  All Ages**
The last class in our competitive series simulates a swim practice. Throughout the class we continue to improve the technique and endurance of the students to prepare them for swim team. This class will be very similar to a 30-minute swim practice.

**Private Lessons**
Private lesson packages will be available for registration on Friday at 8:00 am after our group swim lesson registration. It is just one price for a private lesson. If two children will be attending the private lesson, please just let us know. There is no additional fee.

**Aquatic Exercise Classes**

**9 AM Water Exercise**
This class is available on Monday and Friday from 9 AM – 10 AM and occurs in the deep end of the pool. On Wednesday, we will have a combined shallow/deep class from 9:30 AM – 10:30 AM. The goal of this class is to improve strength and fitness.

**10 AM Water Exercise**
This class is available on Monday and Friday from 10 AM – 11 AM and occurs in the deep end of the pool. On Wednesday, we will have a combined shallow/deep class from 9:30 AM – 10:30 AM. The goal of this class is to improve flexibility, balance and fitness.

**Lifeguarding**
We offer classes to become certified as an American Red Cross Lifeguard. This is a critical certification for working at any pool or waterfront location. Please call the pool for availability.

**Birthday Parties**
For $200, you get to rent our party room for two hours and 25 of your guests get entry to recreation swim.
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**Basketball**

**Triple Impact Basketball**  *Grades K – 8*

Join Coach Arvin Mosley Jr and other Triple Impact Coaching staff for basketball training designed for players and skill levels. Sessions will be focused on footwork, ball handling, basketball IQ, defensive positioning and scoring moves. Coach Mosley is the founder of Triple Impact Coaching and is a former head college coach. Coach Mosley leads camps and clinics across the country and in the last 5 years, has trained and coached multiple WNBA and NBA players as well as some of the top high school players in the country.

*Issaquah Community Center*

**THURSDAYS**

*Grades K-5*  
6 PM – 6:50 PM

*Grades 5-8*  
7 PM – 7:50 PM

- **SESSION 1:** MAR. 3 – MAR. 31

General Fee ................................................................. $144  
Resident Fee ............................................................. $120

- **SESSION 2:** APR. 21 – MAY 12  
- **SESSION 3:** MAY 26 – JUN. 16

General Fee ................................................................. $116  
Resident Fee ............................................................. $96

**Skyhawks Basketball**  *Ages 6 – 12*

This fun, skill-intensive program is designed with the beginning to intermediate player in mind. Using our progressional curriculum and focusing on the whole player, we teach your child the skills needed both on and off the court to be a better athlete. Our basketball staff will focus on respect, teamwork, responsibility, and then progress into drills and games.

*Issaquah Community Center*

**WEDNESDAYS**

*Grades K-5*  
6 PM – 6:50 PM

*Grades 5-8*  
7 PM – 7:50 PM

- **SESSION 1:** APR. 6 – APR. 27
- **SESSION 2:** MAY 4 – MAY 25

**Ages 6 – 9**  
4:30 PM – 5:20 PM

**Ages 9 – 12**  
5:30 PM – 6:20 PM

General Fee ......................................................................... $144
Resident Fee ....................................................................... $120

- **SESSION 2:** APR. 21 – MAY 12
- **SESSION 3:** MAY 26 – JUN. 16

General Fee ......................................................................... $116
Resident Fee ....................................................................... $96
Gymnastics
Jet's Gymnastics Express
Jet's Gymnastics has been teaching kids' gymnastics on the Eastside for over 20 years with a focus on building a fun and playful environment while improving their coordination and athletic ability. We accommodate a variety of skill levels and teach to the level of each boy and girl. Activities include gymnastics instruction in tumbling, bars, beam, and vault, along with games and activities including lots of obstacle courses, fun games, and much more.

Issaquah Community Center
WEDNESDAYS, MAR. 18 - MAY 18

Big Flips
4:15 PM - 5:15 PM

Urban Warriors
5:30 PM - 6:30 PM

Skyhawks Soccer
Ages 6 - 10

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills.

Central Park or Veterans Memorial Park

Ages 3.5 – 4.5
9 AM – 9:40 AM

Ages 4.5 – 5
9:45 AM – 10:25 AM

Ages 6 – 8
10:30 AM – 11:20 AM

Ages 8 – 10
11:20 AM – 12:20 PM

General Fee ................................................................. $126
Resident Fee .............................................................. $105

Washington Shotokan Karate
Ages 6 – 14

This is a great youth beginner's, intermediate and advanced karate program taught by Washington Shotokan Association. With its non-violent and traditional karate philosophy, Shotokan Karate is an excellent entry level and continuing karate program!

Issaquah Community Center

Beginning & Continuing Karate
• WEDNESDAYS, MAR. 2 - APR. 6 • 5:15 PM - 6 PM
• WEDNESDAYS, APR. 20 - JUN. 8 • 5:15 PM - 6 PM

Beginning/Intermediate Karate
• THURSDAYS, MAR. 3 - APR. 7 • 5:15 PM - 6 PM
• THURSDAYS, APR. 21 - JUN. 9 • 5:15 PM - 6 PM

Continued Karate*
• THURSDAYS, MAR. 3 - APR. 7 • 6 PM - 6:45 PM
• THURSDAYS, APR. 21 - JUN. 9 • 6 PM - 6:45 PM

*Instructor approval is needed before registering for this class.

General Fee ................................................................. $106
Resident Fee .............................................................. $88

Martial Arts
Tiger Kids & Family Martial Arts Ages 3.5 & Up

Join us for a fun multiple martial arts program for developing focus and listening skills with bag kicking, games and padded sword sparring for all ages and levels. Empty hand and weapon forms are taught from Karate-Kobudo to Taekwondo and Kung-Fu, as students' progress in belts promoting achievement and goal setting. Extra Fees: Each participant will be required to pay an annual $14 AAU insurance fee in addition to the class fee. Please make check payable to AAU and give to instructor on first day of class.

Issaquah Community Center
• SESSION 1: MONDAY, APR. 25 - JUN. 6
• SESSION 2: MONDAY, JUN. 27 - AUG. 8

Tiny Tiger Taekwondo
4:30 PM - 5 PM

Tiny Tiger Taekwondo
5:10 PM - 5:40 PM

Tiger Kids – Beginning
5:50 PM - 6:30 PM

Kung-Fu and Eskrima for Self Defense
6:45 PM - 7:30 PM

General Fee ................................................................. $126
Resident Fee .............................................................. $105

Little Flips
9:30 AM - 10:15 AM

Kung-Fu and Eskrima for Self Defense
6:45 PM - 7:30 PM

General Fee ................................................................. $126
Resident Fee .............................................................. $105

Urban Warriors
5:30 PM - 6:30 PM

Little Flips
10:30 AM - 11:15 AM

Urban Warriors
1:50 PM - 2:50 PM

Big Flips
11:30 AM - 12:30 PM

Urban Warriors
5:30 PM - 6:30 PM
Eastside Dream Elite Cheer

Intro to Cheerleading  Ages 5 – 10

Come join us for this fun class to learn the basics of cheerleading. We'll cover motions, dance, cheers, jumps, and more! This is a perfect class for beginners and for those who want to improve their skills. No experience required.

Issaquah Community Center

<table>
<thead>
<tr>
<th>Class</th>
<th>Ages 5 – 10</th>
<th>General Fee</th>
<th>Resident Fee</th>
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<td>WEDNESDAYS, APR. 20 – JUN. 8 6:30 PM – 8 PM</td>
<td>$150</td>
<td>$125</td>
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</table>

Dream Team Cheer Squad  Ages 7 – 18

This is a great beginning-to-intermediate level cheer squad! We will be working on cheer basics—dance, cheers, motions, jumps, and more. Previous experience is not required—contact instructor with questions. Cheer classes are run by Eastside Dream Elite Cheer & Dance, EastsideDreamElite.com. (Some extra costs may be incurred for this class).

Issaquah Community Center

<table>
<thead>
<tr>
<th>Class</th>
<th>Ages 7 – 18</th>
<th>General Fee</th>
<th>Resident Fee</th>
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<td>$126</td>
<td>$105</td>
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</tbody>
</table>

Power Squad  Ages 7 – 18

Join us for an intermediate/advanced level cheer class for those who want a more intense program. This team focuses on cheerleading, stunting and tumbling, with other skills work as well. Pre-requisite: a minimum of one session on Dream Team or Dance/Drill Team, AND instructor permission. (Some extra costs may be incurred for this class). Please contact Coach Anne with any questions at anne@EastsideDreamElite.com.

Issaquah Community Center

<table>
<thead>
<tr>
<th>Class</th>
<th>Ages 7 – 18</th>
<th>General Fee</th>
<th>Resident Fee</th>
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<tbody>
<tr>
<td>WEDNESDAYS, MAR. 2 – APR. 6 4 PM – 5:30 PM</td>
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<tr>
<td>WEDNESDAYS, APR. 20 – JUN. 8 4 PM – 5:30 PM</td>
<td>$150</td>
<td>$125</td>
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</table>

Beginning / Intermediate Tumbling Class  Ages 7 – 18

This is a great class for starting and improving your tumbling skills. We use a series of progressions to work from doing bridges and cartwheels up to back handsprings and back tucks. This small class is specifically geared towards tumbling for cheerleading, but isn’t exclusive to those in cheer. Cheer classes are run by Eastside Dream Elite Cheer & Dance, EastsideDreamElite.com. (Some extra costs may be incurred for this class).

Issaquah Community Center

<table>
<thead>
<tr>
<th>Class</th>
<th>Ages 7 – 18</th>
<th>General Fee</th>
<th>Resident Fee</th>
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TGA Volleyball  Ages 8 – 14

Ready, set, spike! TGA Volleyball brings an exciting, fast-paced game that develops the skills of teamwork, passing, setting, serving, spiking, and blocking in each lesson. Coaches lead students through games and activity stations that incorporate athletics, academics, and life skills to create a fun and encouraging environment. Come serve it up with TGA today!

Issaquah Community Center

Volleyball Ages 8 – 10
• MONDAYS, FEB. 28 – APR. 4 • 4 PM – 4:50 PM
• MONDAYS, APR. 18 – JUN. 13 • 4 PM – 4:50 PM
  (NO CLASS MAY 30)
• THURSDAYS, MAR. 3 – APR. 7 • 6 PM – 6:50 PM
• THURSDAYS, APR. 21 – JUN. 9 • 6 PM – 6:50 PM

General Fee ................................................................. $144
Resident Fee ............................................................... $120

Volleyball Ages 11 – 14
• MONDAYS, FEB. 28 – APR. 4 • 5 PM – 5:50 PM
• MONDAYS, APR. 18 – JUN. 13 • 5 PM – 5:50 PM
  (NO CLASS MAY 30)
• THURSDAYS, MAR. 3 – APR. 7 • 7 PM – 7:50 PM
• THURSDAYS, APR. 21 – JUN. 9 • 7 PM – 7:50 PM

General Fee ................................................................. $192
Resident Fee ............................................................... $160

Track and Field

Gliders Track and Field – Spring Season  Age 5 – 12

Spring Season of Gliders Track and Field is a fun way to introduce your child to track and field! Participants will practice events in throwing, running, and jumping at every practice. This recreational program encourages participants to strive for their personal best in a fun, stress-free environment. Gliders will also get to put their skills to the test at three track meets with surrounding cities this season. If you would like to be added to the Gliders Outreach email list for most up-to-date Gliders information, please contact athletics@issaquahwa.gov.

APR. 25 – MAY 26
(For exact dates and times, please visit issaquahwa.gov/register)

Gliders Track and Field – Summer Season  Age 5 – 14

Gliders Track and Field continues this summer! The program will include one weekday practice plus the Summer Track & Field League Meet Series on Thursdays starting June 23rd. The meet locations will be announced the first week of practice. Be prepared to travel with our partner cities for meets. Locations may vary depending on facility availability and track meet start times. If you would like to be added to the Gliders Outreach email list for most up-to-date Gliders information, please contact athletics@issaquahwa.gov.

SUMMER SESSION: JUN. 6 – JUL. 14
(Exact days and times to be determined and will be found at issaquahwa.gov/register)

Adult Sports

Slowpitch Softball Leagues  Ages 18 & up
• EARLY SEASON – LATE MAY – JUL.
• LATE SEASON – AUG. – SEP.
• MEN’S LEAGUES MONDAYS – THURSDAYS
• COED LEAGUES FRIDAYS
The City of Issaquah believes that youth are not only future leaders of tomorrow, but also active civic contributors of today. This Board exists to create and encourage both youth leadership and service opportunities in order to develop leadership skills, highlight youth ideas and opinions, and unite students in the Issaquah School District. We are so excited to be meeting back in-person! Applications for the 2022–2023 school year will be available by Monday, April 4, 2022. Interviews will take place in May. For more details and application information, visit issaquahwa.gov/yab.

Current Members:
- Aadya Syal
- Anish Bhamidipati
- Anna Wilkinson
- Anushka Noori
- Anusha Manoj
- Arsha Bhamidipati
- Ashwin Monoharan
- Avena Fan
- Bijan Gulimani
- Daryush Ghadiali
- Delnaz Ghadiali
- Giada Oliva
- Harini Swaminathan
- Ian Hansen
- Jacob Rubenstein
- Joseph Zhang
- Kaleigh Hall
- Kelly Wang
- Kunal Srivastava
- Kyuhong Lee
- Lucy Bentsen
- Micah Mok
- Mina Jo
- Nilin Farren
- Parker Huang
- Preston Miele
- Riddhi Sharma
- Rohan Ganesh
- Ryan Reamy
- Saahithi Gaddipati
- Sahana Rao
- Sanvi Madan
- Sean Fan
- Shananda Dokka
- Shivani Gupta
- Tarun Shivakumar
- Tyler Rubenstein
- Varnika Dokka
- Victoria Tran
Specialized Recreation

The City of Issaquah follows all recommendations issued by Public Health – Seattle & King County, our public health agency. Programs, events or facility availability may change quickly based on this guidance, which helps keep our community safe during the COVID-19 pandemic. For the latest updates, go to issaquahwa.gov/parks.

Summer Activities

Supper Club on the Green  Ages 18 & Up
Enjoy the concert while sharing a meal with staff & friends on the Community Center front lawn. Each week, dinner will be delivered from a different local restaurant. Don’t forget to wear your dancing shoes!

Issaquah Community Center front lawn
TUESDAYS • 6:30 – 8:30 PM
• Jul. 5: No Rules – Habit Burger (as it comes or plain) Drinks provided
• Jul. 12: NO CLUB TONIGHT
• Jul. 19: The Davanos – Subway (e-mail order instructions will be provided a week before the event) Chips and Drink provided
• Jul. 26: The Kennydales – Stans BBQ – Chips & Drink Provided
• Aug. 2: Portage Bay Big Band – Taco Tuesday
• Aug. 9: Surround Sound Band – Pizza (Cheese, pepperoni, combo) Drinks provided
• Aug. 16: NO CLUB TONIGHT
• Aug. 23: Stonesy – Eat at Kiwanis booth, we will pre-order

General Fee ............................................................... $12/concert*
Resident Fee ............................................................ $10/concert*

Important information:
* Additional cost for dinner $20 per week, you can choose to participate in the dinner or just the concert.

* This event will be supervised from 6:30 – 8:30 – Checking in & out with the leader is required.

Voice  Ages 13 & Up
Have fun singing uplifting songs that make you feel great! All voices and lovers of music are welcome to join Amy and this enthusiastic bunch. Rain or shine. Sign up for all three months or a month at a time. Presentation will be on August 31, 2022, for parents and friends at Confluence Park. – Bring your own chair.

Confluence Park Shelter
WEDNESDAYS, JUN. 8 – 29 | JUL. 6 – 27 | AUG. 3 – 24 • 6 PM – 7 PM

General Fee ............................................................... $58/month
Resident Fee ............................................................ $48/month

Drama  Ages 13 & Up
No acting experience is necessary.... just a great attitude! Howie will help you get your creative juices flowing! Rain or shine. Sign up for all three months or a month at a time. Presentation will be on August 31, 2022, for parents and friends at Confluence Park. – Bring your own chair.

Confluence Park Shelter
WEDNESDAYS, JUN. 8 – 29 | JUL. 6 – 27 | AUG. 3 – 24 • 7 PM – 8 PM

General Fee ............................................................... $58/month
Resident Fee ............................................................ $48/month

Sport Sampler  Ages 18 & Up
Come work with Josh from Bodhi Body and awaken your full potential. The beginning of the class you will be stretching and using basic weight bearing exercises, please bring a yoga mat for your comfort. Then Josh will lead you in a sports-oriented drills everything from basketball, dodgeball to pickleball and more. An hour and a half active fun. Sign up for all three months or a month at a time.

Issaquah Community Center
THURSDAYS, JUN. 9 – 30 | JUL. 7 – 28 | AUG. 4 – 25 • 6:30 – 8 PM

General Fee ............................................................... $58/month
Resident Fee ............................................................ $48/month

Eastside Dream Elite  Ages 13 & Up
Cheer Ability Cheer Squad
Be a part of Issaquah Parks NEW Cheer Ability Cheer Squad! Learn new cheerleading skills and have fun being a part of a team. This program is open to all enthusiastic women and men with intellectual disabilities. There will even be opportunities to perform. Come join the fun! Cheer classes are run by Eastside Dream Elite Cheer & Dance, EastsideDreamElite.com. (Some extra costs may be incurred for this class.)

WEDNESDAYS, APR. 27 – JUN. 8 • 6:15 PM – 7 PM

General Fee ............................................................... $96
Resident Fee ............................................................ $80
Day Camps

Mighty Mites  Ages 3 – 5
The staff are enthusiastic and ready to show your young camper a fantastic time as they are introduced to the excitement of summer camp! All children must be at least 3-years old and potty-trained.

Issaquah Community Center
MONDAY – WEDNESDAY & FRIDAY • 9 AM – 12 PM
General Fee ................................................................. $190
Resident Fee ........................................................... $158
Week of July 4:
General Fee ................................................................. $152
Resident Fee ........................................................... $126

Extended Care is not available.

June 27 – July 1: Movin’ and Groovin’!
Dance, sing and play! This week we are movin’ & groovin’!

July 5 – 8: Winter in July!
Brrr.. we’re turning camp in to a winter wonderland!

July 11 – 15: The Mighty Jungle!
Get ready to monkey around as we swing from our imaginary vines through the wild jungle of Mighty Mites!

July 18 – 22: Superheroes Unite!
It’s a bird, it’s a plane... it’s a Mighty Mites Camper! We will transform in to superheroes this week!

July 25 – 29: Color Craze!
Red, Blue, Green, Purple - what is your favorite color? We’ll have a color of the day activity!

Aug. 1 – 5: Splishing & Splashing!
Are you ready for a wacky and wet week?

Aug. 8 – 12: The Magic of Camp!
Dragons, fairies and knights, oh my! We will go on an magical adventure as books come to life.

Kindercamp  Ages 5 – 6 &/or entering Grades K– 1
Kindercamp continues to provide a quality, safe and super-fun camp experience for our little ones! Games, crafts and crazy activities!

Memorial Park Center
MONDAY – FRIDAY • 8 AM – 4 PM
General Fee ................................................................. $259
Resident Fee ........................................................... $216
Week of June 20 and July 4:
General Fee ................................................................. $206
Resident Fee ........................................................... $173

Extended Care is available each day from 7 AM – 9 AM and 4 PM – 6 PM for an additional fee of $34/week/camper.

June 21 – 24: Jungle Quest!
Welcome to the Jungle! Take a walk on the wild side as we discover the wonders and excitement in the Jungle!

June 27 – July 1: Disney and Beyond!
Sing, dance and discover the Land of Enchantment with some favorite Disney friends!

July 5 – 8: Wacky Science
Pop, Fizzle and Slime! This week is all about the weird and wacky!

July 11 – 15: Colorful Creations
Use your imagination in color! Take out your crayons, paintbrushes and markers to create masterpieces that would impress even Picasso!

July 18 – 22: Minion Mischief
Get ready to have some fun with our minion friends! We will have a blast playing freeze ray tag & inventing our own Minionese language!

July 25 – 29: Dino-mite!
Head back to the time when dinos roamed with silly crafts, games and scavenger hunts all week long!

Aug. 1 – 5: Fish and Friends!
Dive under the whitecaps to discover another world with whales, fish and sunken ships!

Aug. 8 – 12: Game On!
Run the bases, kick a goal and cross the finish line!
Camp 'Quah  Ages 7 – 10 &/or entering Grades 2 – 5
Join Camp 'Quah for games, crafts and awesome activities. Each themed week includes time in the pool, a field trip and a day at the beach. Online registration begins on Saturday, March 5, at 8:00 am.

Issaquah Middle School & Issaquah Community Center
MONDAY – FRIDAY • 9 AM – 4 PM

General Fee ................................................................. $259
Resident Fee .............................................................. $216

Week of June 20 and July 4
General Fee ................................................................. $206
Resident Fee .............................................................. $173

Extended Care is available each day from 7 am – 9 am and 4 pm – 6 pm for an additional fee of $34/week/camper.

June 21 – 24: Under the big top!
Ringmaster, feats of strengths performances and excitement for all!

June 27 – July 1: Imagi-Nation!
Travel the world right from camp and be immersed in culture. With a highlight on multicultural experiences! Enjoy games, music, and more from around the world.

July 5 – 8: 4 Seasons
Can we fit a whole year into four days? Absolutely!

July 11 – 15: Sports Galore!
Join us for a week of sports, sports and more sports. Just when you thought you’ve had enough sports, we will play more!

July 18 – 22: All Aboard the Hogwarts Express!
Meet us on Platform 9¾ as we immerse ourselves into the wonderful wizarding world!

July 25 – 29: Inventors Workshop
Put your imagination to the test will all sorts of fun games, scenarios and invention possibilities!

Aug. 1 – 5: Splashtastic!
From wacky races to balloon tosses to water games! Prepare to be wet!

Aug. 8 – 12: Game Show Mania
C’mon down! You could be the next contestant on Game Show Mania! Each day, we will host a different game show!

Aug. 15 – 19: Zootopia
All things animals, from armadillos to zebras!

Aug. 22 – 26: To the Moon & Beyond!
Blast off with us this week as we travel out of this world to explore the stars and planets! We’ll make it back home in time for dinner!

Counselor-In-Training (CIT) Program
Grades 8 – 12
This three-week CIT program is designed for teens who are excited to take on a leadership role at summer camp. CITs are selected through an application and interview process. Applications are available at www.issaquahwa.gov/parks under Camps. For more information, contact Molly Simpson at mollys@issaquahwa.gov or 425-837-3388.

MONDAYS – FRIDAYS • 9 AM – 4 PM
• SESSION #1 – JUN. 21 – JUL. 8
• SESSION #2 – JUL. 11 – JUL. 29
• SESSION #3 – AUG. 1 – AUG. 19

General Fee ................................................................. $243
Resident Fee .............................................................. $204

Visit our website in April for additional enrichment camp programs.

S.T.E.M Camps:
Snapology
Foundational Engineering: Machines + Contraptions  Ages 5–7
Does your child love to tinker and create new things, or are they the kind of learner who likes to break things apart to see what’s inside? If so, they’re going to love Snapology’s Foundational Engineering: Machines and Contraptions program! This program gives your student the tools they need to understand mechanical movement and the importance of simple machines. They will see these moving parts up-close as they follow instructions to build various machines and contraptions, then use the models to develop new design ideas, test out physics concepts, and even play games with their partners and classmates! Whether they are the creative-constructive type or prefer the inquisitive-deductive way of learning, this program is sure to spark their engineering interests!

Issaquah Community Center
MONDAY – FRIDAY, JUN. 27 – JUL. 1 • 9 AM – 12 PM

General Fee ................................................................. $264
Resident Fee .............................................................. $220

Play-Well TEKnologies
Jedi Engineering Strikes Back Using LEGO® Materials  Ages 5 – 7
This is the way! Get ready to embark on your LEGO® journey as we defend the Wookies on Kashyyyk, repair the Rebel shield generator on Hoth, and rescue Baby Yoda from Moff Gideon. Come explore a galaxy far, far away with the help of an experienced Play-Well instructor and learn which “Force” is actually with us!

TUESDAY – FRIDAY, JUL. 5 – 8 • 9 AM – 12 PM

General Fee ................................................................. $192
Resident Fee .............................................................. $160
Return of the Jedi Masters Using LEGO® Materials  Ages 7 – 12
Master The Way of the Jedi in this Stars Wars inspired LEGO® Engineering experience. Venture through the galaxy in your custom Razor Crest to rescue Baby Yoda, exploring from the deserts of Tatooine to the frozen caves of Hoth. Allow our Play-Well instructor to help you complete your Jedi training journey.
Issaquah Community Center
TUESDAY – FRIDAY, JUL. 5 – 8 • 1 PM – 4 PM
General Fee ................................................................. $192
Resident Fee ............................................................... $160

Adventures in STEM  Ages 5 – 7
Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Space Stations, Fire Trucks, and the Eiffel Tower. Design and build as never before and explore your craziest ideas.
Issaquah Community Center
MONDAY – FRIDAY, JUL. 11 – 15 • 9 AM – 12 PM
General Fee ................................................................. $240
Resident Fee ............................................................... $200

STEM Explorations  Ages 7 – 12
Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Tow Trucks, Bowlers, and Battletanks. Design and build as never before and explore your craziest ideas.
Issaquah Community Center
MONDAY – FRIDAY, JUL. 11 – 15 • 1 PM – 4 PM
General Fee ................................................................. $240
Resident Fee ............................................................... $200

Minecraft Engineering using LEGO® Materials  Ages 5 – 7
Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.
Issaquah Community Center
MONDAY – FRIDAY, AUG. 8 – 12 • 9 AM – 12 PM
General Fee ................................................................. $240
Resident Fee ............................................................... $200

Minecraft Master Engineering using LEGO® Materials  Ages 7 – 12
Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.
Issaquah Community Center
MONDAY – FRIDAY, AUG. 8 – 12 • 1 PM – 4 PM
General Fee ................................................................. $240
Resident Fee ............................................................... $200

Robot Challenge  Ages 8 – 11
Learn engineering strategies and building techniques to use robots constructed from LEGO® bricks to complete missions using remote controls. Apply your knowledge and skill in friendly competition. Complete as many missions as you can in a specific time frame to win the ultimate challenge match. Take your building to the next level.
Issaquah Community Center
MONDAY – FRIDAY, JUN. 27 – JUL. 1 • 1 PM – 4 PM
General Fee ................................................................. $264
Resident Fee ............................................................... $220

RoboPets  Ages 5 – 7
Children will begin to explore the world of robotics as they build moving animals that teach the fundamentals of robotic design. Whether learning about animal habitats, or discovering ways that gears and pulleys create movement while building dancing birds and robotic dogs, your child is sure to have a great time.
Issaquah Community Center
MONDAY – FRIDAY, JUL. 18 – 22 • 9 AM – 12 PM
General Fee ................................................................. $312
Resident Fee ............................................................... $260

Animation Studio  Ages 8 – 11
Create amazing movies with stop motion animation using LEGO® bricks. Children will work in teams to produce their very own movie complete with dialogue and sound effects. Movies are uploaded to a secure site for family and friends to see how cool they are!
Issaquah Community Center
MONDAY – FRIDAY, JUL. 18 – 22 • 1 PM – 4 PM
General Fee ................................................................. $312
Resident Fee ............................................................... $260

Planes, Trains & Automobiles  Ages 5 – 7
Children will explore the world of transportation in Snapology’s Planes, Trains, and Automobiles program. Students will build models of their favorite forms of transportation as they learn about energy, wheels and axles, air resistance, and more.
Issaquah Community Center
MONDAY – FRIDAY, JUL. 25 – 29 • 9 AM – 12 PM
General Fee ................................................................. $264
Resident Fee ............................................................... $220

Brick Art & Design Lab (Art History)  Ages 8 – 11
Children will learn about different types of art and the periods they were created, students will be interpreting what they see and creating their own works of art using LEGO® bricks. Through Snapology’s interactive Art History class, children will learn about Da Vinci’s Mona Lisa, Van Gogh’s Starry Night, Wright’s Falling Water, and many more!
Issaquah Community Center
MONDAY – FRIDAY, JUL. 25 – 29 • 1 PM – 4 PM
General Fee ................................................................. $264
Resident Fee ............................................................... $220
Summer Sports Camps

Skyhawks Sports Camps Age 4 - 14

The Issaquah Parks & Recreation Department proudly welcomes back Skyhawks sports programs in Issaquah. These summer sports camps are available for children ages 4 to 14. Programs will run from June 21 to August 26.

PROGRAMS/ACTIVITIES AVAILABLE:

- Baseball
- Basketball
- Cheerleading
- Flag Football
- Golf
- Mini-Hawk®
- Lacrosse
- Soccer
- Tennis
- Volleyball
- Multi-Sport

For more information and to register, please visit www.skyhawks.com or call 800-804-3509.

TGA Summer Camps Ages 5 – 12

Join TGA for our 17th year of premier sports camps! Our camps maximize the fun by including instruction, games, and exciting activities to help players of all experience levels develop their skills, knowledge, and passion for the sport. Each day features an action-packed schedule that keeps our campers active and engaged while building friendships and learning key life lessons including teamwork, sportsmanship, perseverance, and leadership. TGA coaches are extensively screened and trained to utilize age-appropriate equipment to create a safe, fun, and educational camp experience for your young athlete. This summer we will be offering Tennis and Golf camps, full day and half day options are available. Tennis and golf equipment will be provided if participants do not have their own.

Central Park

TUESDAY – FRIDAY, JUN. 21 – JUN. 24 • 9 AM – 12 PM
General Fee ................................................................. $150
Resident Fee ............................................................... $125

TUESDAY – FRIDAY, AUG. 22 – 26 • 9 AM – 12 PM
General Fee ................................................................. $186
Resident Fee ............................................................... $155

Dream Team Cheer - Half Day Cheer Camp Ages 5–12

Learn to be a cheerleader! This cheer camp is designed for those who want to cheer, jump, and dance. It’s a fun day camp where participants will learn to perform cheers and dance routines, and even do some beginning tumbling. All cheerleaders will receive a camp gift. Please bring a snack, a water bottle, and wear comfortable clothes and tennis shoes, and face mask. Different material is taught at each camp so feels free to sign up for more than one! Cheerleaders will be divided into age-appropriate groups. COVID protocols at the time of the camp will be adhered to.

Issaquah Community Center

TUESDAY – FRIDAY, JUN. 21 – JUN. 24 • 9 AM – 12 PM
General Fee ................................................................. $150
Resident Fee ............................................................... $125

MONDAY – FRIDAY, AUG. 8 – AUG. 12 • 9 AM – 12 PM
General Fee ................................................................. $186
Resident Fee ............................................................... $155

Dream Team Cheer - Full Day Cheer Camp Ages 5–12

Learn to be a cheerleader! This cheer camp is designed for those who want to cheer, jump, and dance. It’s a fun five-day camp where participants will learn to perform cheers and dance routines, and even do some beginning tumbling. All cheerleaders will receive a camp T-shirt or a camp gift. Please bring a sack lunch, a snack, and a water bottle, and wear comfortable clothes, a face mask, and tennis shoes. Different material is taught at each camp so feel free to sign up for more than one! Cheerleaders will be divided into age-appropriate groups. COVID protocols at the time of the camp will be adhered to.

Issaquah Community Center

TUESDAY – FRIDAY, JUL. 18 – JUL. 22 • 9:30 AM – 3:00 PM
General Fee ................................................................. $264
Resident Fee ............................................................... $220

Parkour Camps, Ages 6 – 12

TUESDAY – FRIDAY, JUL. 5 – JUL 8 • 1 PM – 4 PM
MONDAY – FRIDAY, AUG. 15 – AUG. 19 • 1 PM – 4 PM

Jet’s Gymnastics Express Summer Camps Ages 3 – 12

Our summer camps help children of all ages learn gymnastics in a fun and playful environment while improving their coordination and athletic ability. Activities include jumping, tumbling, swinging, balancing, and lots of fun games. We accommodate a variety of skill levels and teach to the level of each boy and girl. Activities include gymnastics instruction in tumbling, bars, beam, and vault, along with games and activities including lots of obstacle courses, fun stations, parachute and much more.

Little Flips Camps, Age 3 – 5

MONDAY – FRIDAY, JUL. 5 – JUL 8 • 9 AM – 12 PM

Big Flips Camps, Ages 6 – 12

MONDAY – FRIDAY, JUL. 5 – JUL 8 • 1 PM – 4 PM

Parkour Camps, Ages 6 – 12

MONDAY – FRIDAY, AUG. 15 – AUG. 19 • 1 PM – 4 PM
Senior Programs

Education & Arts

Book Club
Join other seniors for this unique book club! Come and share what you are reading and learn about books that others are reading. All are welcome to join in and discuss books!
MEETS THE 1ST AND 3RD WEDNESDAYS • 1 PM – 2:30 PM
Fee ................................................................................................................... Free

Driftwood Sculpture Class
Join others as we sculpt driftwood into art pieces with Dave Sao, your instructor.
MEETS THURSDAY • 1 PM – 3 PM
Fee ................................................................................................................... $5

Mindfulness Meetings
Mindfulness is a simple practice that calms your nervous system and has multiple health benefits. It is as easy as watching your breath come in and out. Join us in person or online. We start with a guided meditation, followed by discussion on a variety of topics and practiced to stay in the moment. We are a supportive community focusing on positive ways to move forward during these challenging times. Visit the website at issaquahwa.gov/seniors for virtual link and phone numbers.
MEETS EVERY WEDNESDAY • 11 AM – 12 PM
Fee ................................................................................................................... Free

Tech Help
Bring all your computer and technology related questions—our volunteers can help! From computers to cell phones, tablets and cameras, bring yours or get help using the computers at the senior center. Sign up at the front desk for a 30-minute timeslot. Call 425-837-3339.
APPOINTMENTS AVAILABLE EVERY TUESDAY • 1 PM – 3 PM
& FRIDAY • 9AM – 11 AM

Senior Center Access
The Issaquah Senior Center is free to all adults 55 years of age and older. We offer lunch Monday to Friday and lots of in person activities and some virtual activities. Check out our newsletter at issaquahwa.gov/seniors or call the Senior Center at 425-837-3339.

Lunch Daily
Pick up a hot homemade lunch from Annette and Wes (W, Th, F) or from Catholic Community Services (M, T). The monthly menu is available online at issaquahwa.gov/seniors. Arrive early as we are first come, first serve.
MONDAY, TUESDAY, WEDNESDAY, THURSDAY, FRIDAY
11:45 AM – 12:30 PM
Costs:
60 and older ....................................................................................................... $4.50
59 and younger ................................................................................................... $6.50
Monthly Menu online at issaquahwa.gov/seniors

Senior Programs
Writing Your Family Story Before It Is Lost

Want to pass on your family stories to younger generations? Join others to learn to capture engaging & entertaining stories that your family will treasure. No writing experience needed. Feel free to attend, even if just to listen.

**MEETS FIRST & THIRD THURSDAYS OF THE MONTH**
**10 AM – 12 PM**

Visual Journaling

Visual Journaling is a collage and painting process that involves the combination of words and images to depict an idea. We use acrylic paints, magazines, craft papers, and stencils to create individual pages that form a journal.

- All supplies provided free of charge.
- No experience necessary.

**MEETS FIRST & THIRD WEDNESDAY OF THE MONTH**
**1 PM – 3 PM**

Health & Fitness

**S.A.I.L. (Stay Active & Independent for Life)**

S.A.I.L. is a fitness program approved by the Administration on Aging for fall prevention. Performing exercises that improve strength, flexibility, balance, and cardio is the single most important activity adults can do to stay active and reduce their risk of falling. S.A.I.L. is a higher-intensity class designed for the more mobile adult, however chairs are an option to lower the intensity. Working at your own pace is encouraged. Please wear tennis shoes designed for exercise. If new, please arrive 15 minutes early so you can meet the instructor and get equipment.

**Instructor:** Barbara Scott

- **MEETS WEEKLY MONDAY • 10:30 AM – 11:30 AM**
- **WEDNESDAY & FRIDAY • 9:30 AM – 10:30 AM**

**Fee** ...................................................... $50/10 sessions, First Class is Free

Line Dancing with Spencer

Exercise your body & mind by line dancing to lively music. No dance experience or partner necessary.

**THURSDAY • 2:45 PM – 3:45 PM**

**Instructor:** Spencer Howard

**Fee** ............................................................. Free

Yoga

Yoga Alliance certified instructor Barbara Stevenson uses the Vinayaka approach of combining breath awareness with movement, as well as function over form, to make this class adaptable for each individual. No experience or flexibility needed. Equipment provided.

**Instructor:** Barbara Stevenson

**MEETS WEEKLY TUESDAY & THURSDAY • 1:15 PM – 2:30 PM**

**Fee** ............................................................. $8/class, First Class is Free

Chair Yoga

Chair yoga leads you through a gentle series of yoga poses done while seated or using a chair for balance and support. This yoga class focuses on incorporating your breath with movements to create strength, flexibility, and balance and promote a sense of calm and wellbeing. Reduce stress and try this ancient wellness practice.

**Instructor:** Barbara Stevenson

**TUESDAYS • 2:45 – 3:45 PM**

**Fee** ............................................................. $7/class, First Class is Free

Tai Chi & Qigong

When weather permits we will practice outside. Otherwise, join us inside!

**Instructor:** Richard

**MONDAYS • 9 AM – 10 AM**

**Fee** .................................................................................................... Free

Trips

**Metro with Dave**

Join Dave Waggoner for a monthly Metro bus trip to various locations.

**MEETS ONCE A MONTH**

Check out the monthly newsletter for this month’s trip at issaquahwa.gov/seniors.

**Lunch Bunch**

Join us each month as we travel to a local restaurant. Transportation fee varies depending on the distance we travel. Look at the current newsletter for specifics at issaquahwa.gov/seniors.
Social Activities

Bingo
Join us for in person and virtual BINGO! Registration is required by calling the front desk at 425-837-3339.

MEETS THE 2ND WEDNESDAY OF EACH MONTH • 1 PM – 2 PM
Fee .......................................................................................... Free, sign up required

Knitting Groups
Meet with others who knit, crochet, needlepoint and more.
• MEETS EVERY TUESDAY • 10 AM
• MEETS EVERY THURSDAY • 11 AM

Variety of Games

Mahjong
MEETS TUESDAYS • 9 AM

Pinochle
MEETS TUESDAYS • 12:30 PM
MEETS FRIDAYS • 10 AM

Social & Simple: Cards & Games
MEETS EVERY WEDNESDAY • 10:37 AM

Hand & Foot Cards
MEETS TUESDAYS • 12:30 PM
MEETINGS THURSDAYS • 10 AM
<table>
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**SCHOOL HOUSE REC!**

**MONDAY - FRIDAY**

7 AM - SCHOOL START
AFTER SCHOOL - 6 PM

FOR ISSAQUAH SCHOOL DISTRICT
STUDENTS, GRADES K-5

More information can be found at: issaquahwa.gov/schoolhousethc or call 425-837-3300
VOLUNTEERS NEEDED!

Help keep your local parks healthy!
Sign up to volunteer at our Restoration Events

Learn more and register at www.greenissaquah.org

Questions? Contact us at greenissaquah@forterra.org
Issaquah Parks is Hiring!

Flexible Schedules
Competitive Wages

Leadership Development
Have Fun at Work!

Apply Online Today
issaquahwa.gov/jobs
425-837-3300
CONCERTS ON THE GREEN
ISSAQUAH COMMUNITY CENTER
TUESDAYS • 7:00–8:30 PM

2022 LINEUP

JULY 5
NO RULES
Dance Tunes through the Decades
Sponsor: Recology

JULY 12
THE WEST COAST FEED
Dynamic Swagger Rock & Soul
Sponsor: Rowley Properties

JULY 19
THE DAVANOS
A Mix of Rock, Blues & Country
Sponsor: TBD

JULY 26
THE KENNYDALES
Classics Including “One Hit Wonders”
Sponsor: Lynn Moberly and Madrona Law Group

AUG. 2
PORTAGE BAY BIG BAND
An Authentic Tribute to the Swing Era Legends
Sponsor: RH2

AUG. 9
SURROUND SOUND BAND
Rhythm & Blues, Soul, and Funk
Sponsor: TBD

AUG. 16
NITE WAVE
Dance, Dance, Dance to 80’s New Wave
Sponsor: Lakeside Industries

AUG. 23
STONESY
The Timeless Music of the Rolling Stones
Sponsor: Harborstone Credit Union

issaquahwa.gov/concerts #issyrocks
FARMERS MARKET

at Pickering Barn

SATURDAYS, 5/7–9/24 • 9 AM – 2 PM

ISSAQUAHWA.GOV/MARKET