




# August 2019

Monday, Wednesday, Thursday - Lunch is casual and available from 12:00-12:45pm  
 Tuesday and Friday - Lunch is seated and served promptly at 12pm

Mon	Tue	Wed	Thu	Fri
	<p><b>Suggested contribution is \$4.00 for those 60+ years old and \$6.00 for those under 60 years old.</b></p> <p><b>This Menu is subject to change</b>          Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.</p>		<p><b>1 Meatloaf</b>          Mashed potatoes          Mixed Vegetables          Fruit          Dessert</p>	<p><b>2 Lime Fish</b>          Peas and Carrots          Green Salad          Breadstick          Strawberry-Rhubarb Crisp</p>
<p><b>5 Vegetable Lasagna</b>          Green Salad          Garlic Roll          Dessert</p>	<p><b>6 Chicken Fajitas</b>          Pinto Beans          Mexican Rice          Flour Tortilla          Peaches</p>	<p><b>7 Beef Chili Colorado</b>          Beans and Rice          Vegetables          Ice Cream</p>	<p><b>8 Sweet and Sour Pork</b>          Rice          Orange          Fortune Cookie</p>	<p><b>9 Lemon Pepper Tilapia</b>          Potatoes Au Gratin          Spinach          Fruit Cocktail          Pineapple Upside Cake</p>
<p><b>12 Vegetable Quiche</b>          Green Salad          Fruit          Dessert</p>	<p><b>13 Creamy Beef Tomato Fettucine</b>          Riviera Blend Vegetable Roll          Mango &amp; Pineapple</p>	<p><b>14 Breakfast Sausage</b>          Scrambled Eggs          Bacon &amp; Hash Browns          Fruit          Birthday Cake</p> 	<p><b>15 Fried Chicken</b>          Macaroni Salad          Fruit          Dessert</p>	<p><b>16 Fish Sandwich</b>          Baked Red Potato          Broccoli &amp; Cauliflower          Orange</p>
<p><b>17 Tomato Soup &amp; Grilled Cheese Sandwich</b>          Pickle          Carrot Sticks          Dessert</p>	<p><b>20 Chicken Margarita</b>          Creamy Noodles          Green Salad          Peach Cobbler</p>	<p><b>21 Fried Fish</b>          Coleslaw          Baked Beans          Dessert</p>	<p><b>22 Arroz Con Pollo</b>          Green Salad          Dessert</p>	<p><b>23 Vegetable Cobb Salad</b>          Breadstick          Peaches</p>
<p><b>26 Pizza with a Purpose</b>          Salad &amp; Dessert</p> 	<p><b>27 Ham Macaroni Bake</b>          Key West Vegetable Roll          Apple</p>	<p><b>28 Meatball Sub</b>          Chips          Mixed Berries          Dessert</p>	<p><b>29 BBQ Chicken</b>          Baked Beans          Coleslaw          Dessert</p>	<p><b>30 Salsa Fish</b>          Rice w/ Mexicali Veggies          White Corn Tortilla          Pear          Ice Cream</p>